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MAGAZINE



DECEMBER 2019
Issue 94

Monthly Business & Community magazine delivered across Wirral



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Cover Photograph:- Lady Lever Art Gallery contains precious art works collected by Lord Lerverhulme.



Hello dear friends!

Are you counting the days to Christmas yet?

It seems to come sooner each year and the kids have their Christmas lists written ready.

Before the festive season takes hold, make some time to keep fit and enjoy the Autumn weather before it gets too dark and cold in the evenings.

Check out the What's on diary page to see what on over Christmas for the kids.

Then have a more relaxed lead up to Christmas; book your festive meals in advance and shop locally for gifts and add some Christmassy event to your calendar.

Whatever you do have a lovely Christmas & New Year in 2020.

Advertisers book your New Year adverts with us now to avoid disappointment.

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Best Wishes

Maxine



Circulation of this FREE magazine is distributed to all Wirral - South Wirral Whitby & Saughall to West Kirby & Birkenhead areas.

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DATES FOR YOUR DIARY

30.1.20 Ellesmere Port Civic Hall 5pm-10pm

1.2.20 Chester Race Course, Chester 10am-5pm

15.2.20 Mere Golf Club, Knutsford 10am-5pm

16.2.20 Ramada Plaza, Wynham, Wrexham 10am-5pm

22.2.20 Village Hotel Bromborough 10am-5pm

23.2.20 Village Hotel Warrington 10am-5pm.

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DO YOU KNOW?

1. The average ocean depth is 2.5 miles (4 km).
2. The two factories of the Jelly Belly Candy Company produces 1,250,000 beans per hour; 300,000 pounds per day. 1,680 beans per second 
3. On average, the Japanese sleep two hours a night less than the Chinese.
4. When the U.S. half-cent was discontinued in 1857 for not having enough buying power, it was worth about the same as a modern U.S. dime.
5. 85 million years before butterflies existed, there was another insect that looked and acted exactly like a butterfly. 
6. Potato aphids will not have sex if they detect a drop in air pressure.
7. A church in Italy, destroyed by an earthquake in 1976, was rebuilt using most of its original cataloged stones that were placed in the exact same positions they were in before it fell.
8. Warren Buffet won a ten-year bet about index funds outperforming hedge funds.
9. Prior to 1868, eating meat from four legged animals had been prohibited in Japan for more than a thousand years. 
10. The winner of the first modern Olympic Marathon stopped at a tavern mid-race for a glass of wine.
11. Most Americans can buy an AR-15 rifle before they can legally buy a beer.
12. The Mayor of Bogotá, Colombia, once hired 420 mimes artists to make fun of traffic violators because he believes Colombians fear ridicule more than being fined. 
13. The Nigerian film industry, or Nollywood, is the second largest in the world in terms of numbers of films produced.
14. In 1996, Australia enacted strict gun laws. It had no mass shooting since.
15. In Sweden, up to 63,000 people, mostly women, were sterilised under a racial purity programme approved by the state until 1976.
16. Farmers are encouraged to test soil quality by burying their underpants and digging them up two months later. In good soil they are eaten by microbes; in poor soil untouched.
17. Throughout his life, JFK had four spinal surgeries, two of them nearly resulting in his death.
18. In Norse, the name Siri means "a beautiful woman that leads you to victory." 
19. American gymnast George Eyser competed during the 1904 Summer Games despite his wooden left leg, winning the gold medals in the vault, parallel bars and rope climbing.
20. When you snap your finger, your finger moves at about 20 mph. 
21. Medical students in 18th-century Scotland could pay their tuition fees in corpses.
22. Some deep-sea skates lay their eggs close to hydrothermal vents using the hot water to incubate their eggs.
23. The first non-white NBA player was Japanese and joined the NBA the same year Jackie Robinson broke the racial barrier in baseball.
24. The painting of George Washington used for the dollar bill was never finished.
25. Married women were banned from watching or even attending the ancient Olympic games. The penalty for any married woman caught sneaking a peek was execution.
26. The can opener was not invented until 50 years after the invention of canned food. 
27. People buy more when they're hungry, even when shopping for non-edible goods.
28. Despite being a small and densely populated country, The Netherlands is the world's second biggest exporter of food. 
29. Newsweek magazine was sold by the Washington Post Co. for \$1 in 2010.
30. The original Pac-Man has a safe spot where the ghosts will never get you.
31. Ancient Romans running for office wore a distinctive toga called the "toga candida." Hence the word "candidate."
32. Leonardo DiCaprio's haircut from Titanic was once outlawed by the Taliban.
33. Spongebob Squarepants' birthday is July 14, 1986. He's well over 30 years old.
34. In 1719, prisoners in Paris were offered freedom if they married prostitutes and moved to Louisiana. 



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If the landlord has failed to protect the deposit or has protected it yet not provided you with the relevant information then you can make a claim against your landlord to have the deposit returned. Additionally, you can ask the court for damages to the value of up to three times the value of the deposit paid.

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COMMUNITY NEWS

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Bridge Wellness Gardens making poppies for Remembrance Sunday

An Ellesmere Port-based charity that provides fresh organic vegetable boxes across the region is running a running a weekly group to reduce social isolation in people aged over fifty.

Bridge Wellness Gardens and Bridge Community Farms runs the group every Thursday afternoon.

The group take part in a number of craft activities from armchair yoga to African drumming sessions but this year decided to knit poppies and make wreaths for Remembrance Day. All proceeds will be donated to the Royal British Legion.

General Manager Clair Johnson said: "Our community farm is a fantastic place and we thought it would be a good idea to extend what we do to grow better lives by setting up a group to help to reduce social isolation in the over 50's.

"One regular had not left the house for two years due to illness and anxiety. She is now a regular attendee who claims her life was changed the day she joined us. She now has a good circle of friends and they meet outside of the club too.

"Another lady joined and has become a regular volunteer in our Better Lives Café. We gave her training and she successfully completed her food hygiene certification.

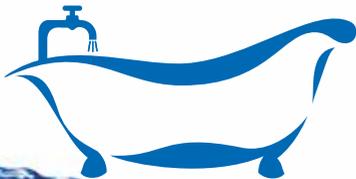
"We have another lady with early onset dementia who attends both of our groups to keep her mind active. She says she feels less anxious and is finding she is coping better on a day to day basis.

"All attendees have become part of our ever-growing family and most use our facilities regularly and often meet up for breakfasts on Saturday mornings in our lovely cafe."

The Thursday group meets every week between 12-2pm. The session costs £3.50 and lunch is included. Bridge Wellness Gardens is based in Mill Lane, off Overpool Road, in Ellesmere Port.

For more information visit www.bwgardens.co.uk/ or call 07446 699995.





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COMMUNITY NEWS

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Chair of Neston Fairtrade Town group
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Jilly and Jayne pride themselves that White Feather always delivers a happy friendly service to all their customers. They also offer advice on interior design... which is a passion of theirs. All their products are personally selected to ensure that you can always find that something really special and unique.

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Kia XCeed 1.0T-GDi '2' ADAP



For me, the XCeed is one of the most comprehensively equipped models in the Ceed family. The new XCeed has an extensive package of comfort, convenience, connectivity and safety, which is why I like the new XCeed so much. This car makes a statement about the person you are. It also makes you feel happy when you drive it, and it makes you feel happy when you remember you have the assurance of the Kia brand right by your side. This alone will ensure you have many happy years of motoring.

Power and Efficiency:

The XCeed I had on test was powered by a 998cc 3 cylinder petrol engine that develops 118bhp and 172 Nm of torque which I have to say feels lively

and is more than happy to blast down the motorway or rumble around on the urban towns. Actually, the XCeed exceeded all my expectations when it came to helping me save fuel and make my normal boring school run just that little bit easier. The XCeed also achieved 50 mpg on the combined cycle which was quite impressive. Maximum speed also comes in at around 115mph, followed by a 0-62 time of 10.9s.

On the road:

Well, if I'm honest with you – I expected it to be good, and I wasn't disappointed. The ride height is just about right, as is the suspension setup. Kia always seems to get it just about right most of the time – and, I felt the ride quality in the XCeed was everything I wanted it to be. Now, for some, they might consider the ride to be a little on the 'firm' side – but to me, it felt sturdy and poised. No dramas to talk about, just a fantastic

amount of grip in and out of every corner. Plus if you go in a little heavy, you can be assured the XCeed will keep you firmly planted to the tarmac ahead.

Design & Technology

On the inside, the interior is very good, and all the dials are easy to read. Plus all the vehicle controls are well set out. The seats are comfy and there was a nice finish to the interior. Yes, it's not perfect in some areas, but show me a car that gets everything right, and I will quit writing altogether. Plus I actually don't care if the plastic is a little rough to the touch - because for me it's about the package as a whole - and what the XCeed can offer the modern driver.

Plus, you do get some pretty decent equipment such as; cruise control with speed limiter, air conditioning, alarm system, electric windows all-round, keyless entry, automatic headlight control, LED bi-function projection headlights, LED daytime running lights, DAB radio,

Bluetooth and an 8" audio display touchscreen system offering Android Auto & Apple CarPlay.

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To sum up:

I'm going to give the Kia XCeed four stars in this test, not only because I like how it looks on the outside, but also because Kia gives you big smiles for very little money.

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FACT FILE

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If you've got a garden, hedgehogs are useful visitors. They will eat slugs, beetles, caterpillars and a variety of other insects.

To attract hedgehogs to your garden you can try providing a natural shelter using log, leaf and compost piles (always check before moving the pile or having a bonfire) or allow patches of bramble to grow up, creating 'wild' areas. You could also place a piece of board against a pile of bricks to form a type of bivouac or buy a purpose built hedgehog house.

Hedgehogs can travel around a mile every night so, to provide access to enclosed gardens, try cutting holes in fences, removing bricks from walls, or digging tunnels under the garden boundary.

This will allow local hogs to move freely in and out of your garden. Food and fresh water laid out between February and October will encourage visiting hedgehogs to return regularly. You could try leaving out food such as minced meat, fresh liver, tinned dog food (not fish-based), or even scrambled eggs. Remember to check and replace the food and water daily and dispose of food if not eaten.

Hedgehogs like milk but it may give them diarrhoea. So it's best to give hedgehogs plain, fresh water each night in a shallow bowl. They should never be given cows' milk.

Hedgehog friendly gardening...

GARDEN PONDS can be death traps to small animals – make sure there is always an easy route for hedgehogs to climb out of the water. Steps built out of house brick or wire mesh are often used in ponds. Alternatively, make sure the pond has a gentle slope on at least one side. Ideally, swimming pools should have shallow steps and a tight-fitting insulating cover should be used overnight. Remember to check your pond or pool every day!

STRIMMERS should be used sparingly under hedges and in other areas of undergrowth and always make sure you check any areas you want to cut or trim before starting – hedgehogs and other animals are likely to be resting there during the day.

DRAINS and similar open holes frequently trap unwary hedgehogs and they can starve if they are not rescued. Keep all drain covers in good condition and cover any open holes.

LITTER is a real hazard – hedgehogs frequently get their heads stuck in tins, plastic bags, binders from drinks cans or discarded yoghurt pots – make sure you dispose of your rubbish safely. Bin bags left on the ground will also attract hedgehogs, they might try to nest in them and get put out with the rubbish!

NETS particularly those used for tennis, football or cricket, must be furled well above the ground when not in use – hedgehogs often get entangled and die of starvation. Fruit nets are a similar source of danger but can be kept taut to stop animals getting entangled. Make sure all barbed wire is also kept off the ground.



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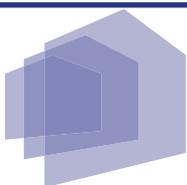
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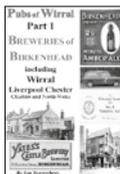
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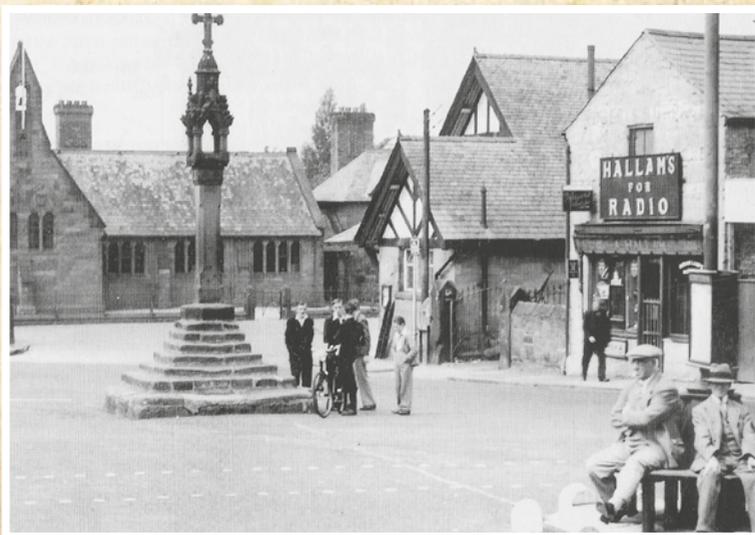


Above: 1929. **Bromborough** Village looking along Allport Lane. Shops included: No.12 Walter Tweedle - fried fish, No.10 E & B Albisons - newsagents, Irwins on the end and a delivery vehicles parked outside Mrs Lily Southwood - greengrocer.

Right:

Bromborough

Village with two men sitting on a bench under the lampost on the right - above them is a Crosville timetable as this was the picking up and dropping off point for their bus service. The half-timbered building is the Church Institute and Hallam's radio shop occupied the old converted barn from Tellett's Farm.





Above: 1949 The sea wall on The Parade at Parkgate is almost hidden from view by the high tide, with the seats at the Donkey stand under water.

Below: The store was a grocers shop owned by Bernard Steel in Mill Lane, Ness. Most of the adverts in the window are for cigarettes. 1937.



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Forshaw/Murray - Bebington

We are very happy with all the work and the high standard that was attained.

O'Mally - Meols

"Scott and the team certainly gave us best in class service whilst they worked on our extension, kitchen and bathrooms. They kept us informed all the way and worked around our diaries to deliver the programme on time. We highly recommend them to anyone.

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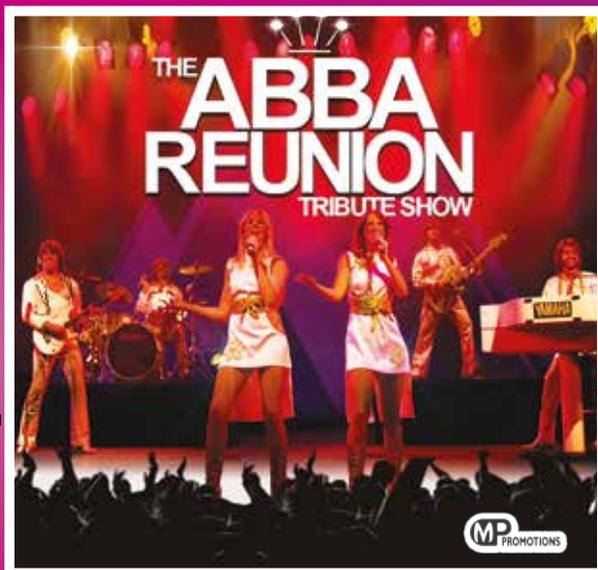
The ABBA REUNION Christmas Special Tribute Show

WARRINGTON – PARR HALL

FRIDAY 13TH DECEMBER

TIME: 7.30PM

BOX OFFICE NO: 0844 249 1000



The Diabetes Essentials package offers a variety of half day education sessions that provide encouragement, support and information. These standalone sessions would help people with type 1, type 2 or borderline diabetes.

Topics covered in the session:

- What is diabetes?
- What can you do to look after yourself?
- What do your test results mean?
- What can you expect from the NHS?

Which sessions should I attend?

You are welcome to attend any session. If you are unsure which condition you have, please speak to your GP or nurse.

When and where are the sessions held? (free parking available)

- Chester
- Ellesmere Port Hospital
- Bunbury
- Frodsham
- Neston

Can I bring anyone with me?

You are welcome to bring a friend or family member with you.

Please contact us or look on Facebook to find out when the next available session is at your most convenient location.



Free group sessions for people with diabetes

To save a place on a convenient course please contact:

Therapy Services
Countess of Chester Hospital
Phone: 01244 365234

Email:
Diabetes.essentials@nhs.net

 @DiabetesEssentials

 @DiabetesEssentials

AN *Elegant* HOLIDAY FEAST



There is no time like the holiday season to get together and make memories with family and friends. Nothing brings people together quite like an elegant meal featuring a standout main dish – an exceptionally prepared Entrée that pays true homage to the season and all that you celebrate. This focal point dish should not only look delightful, but needs to also be a masterful presentation of mouthwatering flavour to keep your loved ones gathered around the table.

Prime Rib Roast with Rosemary and Thyme au Jus

Serves: 10-14

Prep time: 30 minutes

Total cook time: 3 hours, 50 minutes

- 6 pound Steaks Bone-In Prime Rib Roast
- 3 tablespoons olive oil
- 1/2 cup Steaks Private Reserve Rub
- 5 carrots, chopped into 1-inch pieces
- 5 celery stalks, chopped into 1-inch pieces
- 1 medium onion, chopped into 1-inch pieces
- 1 1/2 cups red wine
- 3 cups low-sodium beef broth
- 1 1/2 teaspoons fresh rosemary, finely chopped
- 1 1/2 teaspoons fresh thyme, finely chopped

Thaw roast completely (3-4 days for 6-pound roast) in refrigerator before cooking.

Heat oven to 250 F. Remove roast from packaging and pat dry with clean paper towels.

Coat outside of roast with olive oil and liberally season with rub. Place carrots, celery and onion in even layer on bottom of large roasting pan to catch beef drippings.

Place roast in roasting pan on elevated wire rack. Sprinkle any leftover rub on roast to ensure a generous coating.

Roast until roast reaches an internal temperature of 125 F (for medium-rare), approximately 3 hours for 6-pound roast.

Remove roast from oven and let rest 20-30 minutes. Meanwhile, heat broiler to high, with rack positioned for roast to sit about 4 inches from heating element.

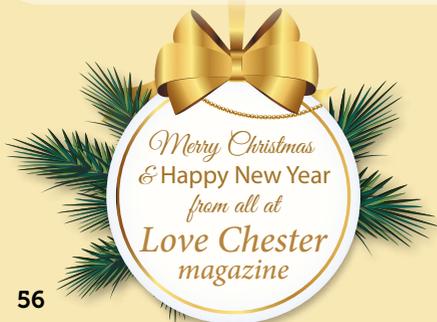
After roast has rested, place in oven under broiler, fat side up, about 5 minutes to brown roast.

Remove pan from oven. Remove wire rack with roast from pan and place on carving board. Skim fat from pan, if necessary.

Place pan on top of stove over two burners set on high heat. Add wine to pan drippings and cook over high heat until reduced by half, releasing drippings on bottom of pan with wooden spoon or whisk. Add beef broth and cook until reduced by half again.

Whisk or stir in rosemary and thyme. Strain out vegetables and pour au jus into serving vessel.

Slice roast and serve with au jus.



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ALL DAY



SUNDAY



DESSERT



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Veg Boxes

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Plus **FREE** delivery

Veg Boxes

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Will contain on average 8 vegetables with larger portions including potato, carrot, onion and cabbage most weeks.

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(2-3 people)

Will contain a variety of lettuce and 5 other seasonal salad items.

£12.00

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(1-2 people)

Will always contain bananas and 2 other seasonal fruits.

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Plus **FREE** delivery

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Will contain Bananas + 3 other seasonal fruit varieties.

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DIARY DATES DECEMBER 2019

Sat 30th Nov - Sun 1st Dec
Oxton Art Fair - 10:00am

Williamson Art Gallery and Museum, Slatery Road, Birkenhead, Prenton CH43 4UE

Meet the Artists at Oxton Art Fair

Oxton Art Fair - now in its 16th year - a wonderful opportunity to meet the artists, view and purchase original, innovative artworks which make unique Christmas gifts.

22 Artists will be exhibiting paintings, printmaking, photography, 3-D art, ceramics, jewellery, textiles, basketry, glassmaking and lots more.

Come and enjoy the exhibition, meet the artists, there's children's activities and tasty refreshments too in The Williamson Café.

Friday 6th December 2019

Hadlow Green Singers' Christmas Concert

**Willaston Memorial Hall
Willaston, Wirral CH64 2XR**

Tickets £8:00 inc. refreshments

Get into the Christmas spirit! - we present Christmas songs old and new and chances to sing-a-long as well!

Saturday 7th December 2019

Snow White & Seven Dwarfs

**Marine Promenade, New Brighton, Wirral, CH45 2JS
Box Office: 0151 666 0000**

**Tickets £21.75 & £18.75
2pm & 7pm**

A great family show to start the Festive Season off!



Sunday 8th December 2019

**Light up a Life at
Wirral Hospice St John's**

**Clatterbridge Hospital
4:30pm until 7:00pm
0151 343 0778**

The annual Light up a Life carol service, Sunday 8th November.



Sunday 15th December 2019

**Brunch With Santa -
Leverhulme Hotel 11:00 - 14:00**

**Leverhulme Hotel
Lodge Ln, Bebington, Port Sunlight**

Children will then be invited to see Santa & whilst telling him exactly what they have asked for on their Christmas list. Includes a gift for every child plus photo opportunities with Santa himself.

Christmas craft tables will ensure to entertain any waiting children & keep them busy, so you can enjoy a hot beverage.



29th Nov - 21st December 2019

**Party Nights at
The OC Knockaloe Hall**

**28 Bridle Rd, Bromborough
Wirral CH62 6AR
Tel: 0151 328 5690**

Enjoy Christmas & New Years Eve with our Festive Season Parties. See our advert on the back page of this magazine for more information

Hurry tickets selling fast.

Saturday 21st December 2019

**China Crisis -
RETROspective Tour 2019**

**Marine Promenade, New Brighton, Wirral, CH45 2JS
Box Office: 0151 666 0000
All Tickets £21.75 8:00pm**

Eddie London and Gary Daly are the founder members of the band which started in Kirkby, Merseyside back in 1979. China Crisis found major success in the UK with five Top 40 singles, ten Top 50 singles and three Top 40 albums and hits across Australia, Europe and the Americas. The band are known for their string of hit singles, including African & White, Christian, Working with Fire and Steel, Black Man Ray and Wishful Thinking.



Sunday 22nd December 2019

Michael Jackson starring Ben

**Whiby Sports & Social Club,
Chester Rd, Ellesmere Port,
Wirral, CH65 6QF
shaunprice@outlook.com
0151 200 7050**

**3:00pm to 11:00pm
Matinee Show: £12.50 each,
Evening Show: £15 each**





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COMMUNITY NEWS

Have Your Say - Tell Us & We'll Print It!
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FRIENDS OF HADLOW ROAD STATION COMMUNITY GROUP

The daffodils have now been planted on the car park embankment, and by the new fence, so these should give a colourful display next springtime.

Winter tidy up gardening has been completed on a cold wet miserable day.

Many, many thanks to those very hardy souls. It really is appreciated.

The signal by the crossing gates is now completely refurbished and now back in situ. The old storage heater has been removed from the signal box (with Council approval) The bricks and metal frame will be taken to the recycling centre ready for the arrival of the Model Railway Station, which will be installed in the New Year.

You will be amazed at the detail of the 1950 station when you see it.

A new "Do not trespass" sign has been prepared and will be in situ.

These signs are well worth reading as they date back a long way! Memories

Donated train memorabilia has been put into the ticket office.

Many thanks to the donor.

The Christmas Grotto is on Sunday December 8th from 12 noon to 4pm.

All children's tickets have been sold, but there are a few adult tickets left if any adults fancy walking down. It will be a lovely Christmas event for everyone, with entertainment and fun.

All we need now is some dry weather for the event. Fingers crossed.

The pop up cafe on October 27 th saw a fabulous warm sunny day, and was really enjoyed by everyone. A huge turn out, and a nice change to sit outside to chat in the sunshine.

There will be NO pop up cafe during December, and there will only be ONE opening in January on Sunday 26th 2020 from 10.30am to 1.30pm and ONE opening in February on Sunday 23rd from 10.30am to 1.30pm.

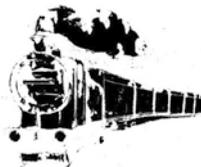
It will be good to see you all back again.

WISHING YOU ALL A VERY HAPPY CHRISTMAS

Hilary Booth



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HELLO & WELCOME!

Welcome to the Autumn Newsletter 2019! In this issue, we'll hear from Bex who is one of our amazing Physiotherapists as well as Claire, whose little boy Noah came to Claire House. We also have some inspirational features and exciting events to tell you about.

Thank you so much to each and every one of you for your continued support.

**Beth, Dan, Emma, Harry, Jess and Josh
- The Fundraising Team**



SUPPORTER OF THE QUARTER



B&M Waste services continue to support Claire House as one of their three Wirral chosen charities. In fact, they've supported Claire House since we first opened our doors in 1998!

As a family run business, the company is passionate about supporting the communities where they live and work. In the last 12 months alone, B&M Waste have...

- Held their annual charity truck pull where teams battle it out to see who can pull a truck the fastest to win a cheque for their chosen charity
- Sponsored the Claire House Cup in memory of Elliot Wild
- Taken part in Claire House Does Strictly... employee Emma Vernon only went and won it!
- Donated their services as our official recycling partners for the Claire House Splash Dash and Mowgli Dog Show.
- Volunteered clearing the gardens
- Taken part in the Liverpool to Chester bike ride
- Jumped out of a plane - well done Lauren Tyrer!

OUR CARE TEAM

Hi! My name is Bex and I am one of the Physios in the Clinical Therapy Team at Claire House. Although we are based in the Hospice, we are a bit of a nomadic bunch as we often support our children and families out in the community.

It would be difficult to describe a "normal day" as they all vary so much, which is why I still love my job so much after 10 years! First up, I find out if any of the children in the hospice need any respiratory care. Helping the children breathe, the best they can, is top of our priority list. Throughout the day I work with the care team to use different pieces of equipment, to give the children a break from their wheelchair, keeping them safe and comfortable but giving their body a well needed move and stretch.

For the team, taking children in the hydrotherapy pool is a big part of the day. This might be a fun swim with disco lights and blasting music, a relaxing, therapeutic session to help reduce pain and discomfort, or supporting a family splash which allows families to have fun and make lots of amazing memories together! Families will sometimes ask to take their child in the pool when they are near end of life. During the worst time of their lives, they somehow manage to smile.

As a team we really do our best to help the children and families enjoy the time they have together and make the most of life.



EVENTS

GREAT WALL TREK

Take part in one of the World's best charity treks and hike a section of the Great Wall of China. Leave the UK for Beijing on 12th September 2020 and trek for five days before ascending the Heavenly Ladder and helping to re-build part of the wall. Registration fee £299 and fundraising target £2,750. www.clairehouse.org.uk



CHRISTMAS CONCERT

Join Claire House in the Concert Room at St George's Hall, Liverpool on Monday 16th December at our festive Christmas Concert. Enjoy the Vale of Clwyd Singers, Allerton Brass Band, Bronze Carillon and much more. Tickets are £20; drinks reception included. www.clairehouse.org.uk



FAMILY STORY

"For Noah, it was a place filled with superheroes and fun"

Claire was devastated when her son Noah developed terminal cancer aged just 16 months, but the team at Claire House helped them to enjoy some family fun despite their pain.

"At six months old, Noah developed a lump underneath a strawberry mark on his back, and by the time he was one it had grown to the size of a potato.

What followed over the next two years was a whirlwind of remission and relapses – and Noah wore a superhero outfit for every chemo treatment he had.

"The first day we visited Claire House, I felt as though my heart would break, but the team were incredible,

they helped us to make lovely memories out of the worst possible scenario.

"Noah was so brave and went through so much without complaining. When he was four-and-a-half-years old he was struggling. He had been in bed for three weeks, and one day he said he wanted to watch TV. We moved him into a big chair in the Claire House living room and watched Disney films with him – his favourite thing to do – all day.

"The following day, Noah passed away. "Claire House provided the most amazing support throughout the worst time of our life, helping us deal with the situation as a family was invaluable."



CAN YOU STAND-UP?

We are looking for 12 brave volunteer's who have never done stand-up comedy before to take on the ultimate challenge of becoming a stand-up comedian for one night only! Coached by a professional comedian from Laughology over four training sessions, you'll be given all the help you need to write and perform your set.

You'll then perform alongside your fellow comedians on Thursday 28th November at Constellations, Liverpool. Email beth.pochin@clairehouse.org.uk for more details.



SOCIAL MEDIA HIGHLIGHTS

The collage features several social media posts:

- Claire House:** A post about a fundraising event with a group photo of volunteers and staff.
- Angel Solutions:** A post showing a group of people at a community event.
- Bee Happy:** A post with the text "bee happy" and logos for various partners, including Claire House.
- Airbus:** A post titled "We're very happy to support our Charity Partners for our Airbus Charity Challenge" with a photo of people at a desk.
- Jackson Lees:** A post showing a group of people standing together.

0151 343 0883

[w. clairehouse.org.uk](http://w.clairehouse.org.uk)

[e. corporate@clairehouse.org.uk](mailto:e.corporate@clairehouse.org.uk)

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CLAIRE HOUSE CHILDREN'S HOSPICE NAMED OFFICIAL CHARITY PARTNER FOR BTR LIVERPOOL SANTA DASH



Claire House
CHILDREN'S HOSPICE

UK's biggest festive fun run returns on 1st December 2019 Sign up now to dash and raise funds for charity

Claire House Children's Hospice has been announced as the official charity partner for the BTR Liverpool Santa Dash 2019.

Highly regarded as the city's kick-start to Christmas, this year's festive 5K fun run takes place on Sunday 1 December 2019 starting at 9.30am from Pier Head Liverpool.

Each year, Liverpool is transformed into a sea of red, blue and mini Santas enjoying the inclusive festive experience. The accessible event is open to everyone, and each year attracts thousands of walkers, joggers and runners.

The BTR Liverpool Santa Dash 2019 is the event's 16th consecutive year and it is now the UK's biggest festive 5K fun run.

With bases in Wirral and Liverpool, Claire House Children's Hospice is inviting Santas to dash on their behalf to help raise vital funds at a time the charity is facing increased demand for its vital support and services. The announcement coincides with the launch of the charity's very own festive fundraising campaign.

Claire House helps seriously ill and terminally ill children live life to the full by creating wonderful experiences and bringing back a sense of normality to family life. By providing specialist nursing care and emotional support, the charity strives to help families smile again when life is tough.

Over the past six years, the charity has seen an 84% increase in the number of children using the hospice – and therefore needs to increase the care it can offer families in their homes, help more children at its Wirral hospice, and increase the services it can offer in Liverpool.

Laura Fallon, Running & Challenge Fundraiser, at Claire House, said:

"We are absolutely thrilled to be the official charity partner for this year's BTR Liverpool Santa Dash. This is always an amazing event, which really gets everyone in the festive spirit. Everyone who chooses to run for Claire House will help us to make Christmas easier for families facing the toughest of times."

"We're inviting everyone to do something important this Christmas by joining our team at the Liverpool Santa Dash. If you pledge to raise at least £60 for Claire House you can sign up for free – our fundraising participants will also be invited to join us at our Santa Dash Breakfast After Party."

"Our volunteers and families are looking forward to cheering on our Santas as they cross the finish line on 1 December, while our mascot Claire Bear can't wait to officially start the Mini Dash."

To join the Claire House team at this year's BTR Liverpool Santa Dash telephone 0151 343 0883, email events@clairehouse.org.uk or visit www.clairehouse.org.uk for more details.



The Rotary Club of Birkenhead

Telephone Club Secretary on
0151 336 7528



Service before self

THE SLEIGH IS ON ITS WAY !

The sleigh pictured last Christmas during a visit to Claire House Children's Hospice.

Look out for Santa's helpers in the form of members of The Rotary Club of Birkenhead, who have built a brand new sleigh, which will be used to bring joy at places such as Claire House, Foxfield School and will hopefully visit Sainsbury's stores in Prenton on 7th and 8th December and Upton on the 18th, 19th, 29th of December. The Sleigh will also assist in raising funds for good causes during the festive period.



WE MADE IT !

Pictured from the left; Rotarians Bob Hall, Steve Lander, Lionel Bolland and seated Shaftesbury Chair Barry Eaton.

The Rotary Club's 90th Year Commemoration appeal, launched to raise funds for a replacement minibus for Shaftesbury Youth Club, reached its target with active fundraising by club members which also attracted support from the WASPS Rugby Legends charity and the Cloth Worker's Foundation.

Due to the encouragement of the then President Bob Hall, current President Steve Lander and Chair of the Club's Community Committee, Rotarians, with a grant from WASPS Legends of £2,500, were able to present £14,000 to Shaftesbury for the minibus.

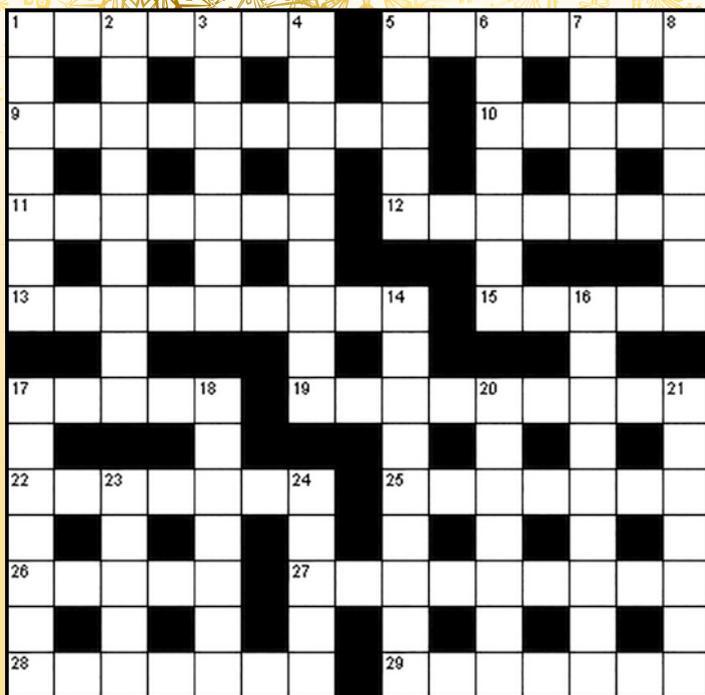


ROTARY HALLOWEEN SOCIAL RAISES OVER £640 FOR COMMUNITY PROJECTS !!

And provided lots of fun during the Murder Mystery Night.



PUZZLE CORNER



Quick Crossword Puzzle

Down

1. Put into print (7)
2. Compelled (9)
3. Accord (7)
4. Give up (9)
5. Criminal (5)
6. Implore (7)
7. Small Asian goat antelope (5)
8. Public transport (7)
14. Postponement (9)
16. Linked (9)
17. A repairer of horse equipment (7)
18. Make amends for (7)
20. Boat races (7)
21. Approve of (7)
23. Stubble (5)
24. Measured amounts of medication (5)

Across

1. Affirm (7)
5. Cargo (7)
9. Having two sides or parts (9)
10. The Earth (5)
11. An artless innocent young girl (7)
12. Used for sewing & knitting (7)
13. Quickly aroused to anger (9)
15. Implied (5)
17. Marsh plant (5)
19. Citation (9)
22. Any 10-limbed crustacean (7)
25. Bitterweed (7)

26. Andean animal (5)
27. One who watches (9)
28. Sloping roof beams (7)
29. Prattle (7)

Sudoku Puzzle

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid.

There is only one correct solution to each sudoku. Good luck!

Difficulty level: **Hard**.

Solutions can be found on our website:
www.love-wirral.com

								2
	4	7			2			
				6	9	8		
		4				6		9
				8				5
9				1	5	2		
	9					1	2	
3						9		
2		6			7	4		



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IT WON'T BE LONELY THIS CHRISTMAS AT THE HAZELWELL AS CARE HOME PLANS LOTS OF FESTIVE FUN



Residents at a Wirral care home will be enjoying a range of special lunches and Christmas events with those important to them to mark the festive season and spread goodwill to others this December.

Staff at The Hazelwell, which offers residential, nursing, palliative and respite care, have organised lots of festival fun to make this season one to remember for everyone who lives at the home on Oldfield Road in Heswall.

The Hazelwell team have also invited volunteers from the YMCA Wirral in Birkenhead to attend a special lunch as the home supports the homeless charity with fundraising and donating efforts all year round.

The Hazelwell's Manager Sue Ball said: *"Here at The Hazelwell, we like to use Christmas as an opportunity to thank all of those people who have been so supportive to us all year and help make The Hazelwell the care home it is."*

"We are really proud of our relationship with the YMCA Wirral in Birkenhead too and have been supporting them for a couple of years so we know how very important their work is, especially at this time of year so we were very keen to invite them to them to the lunch event too."

The Hazelwell is also pairing up with Age UK and hosting a Christmas lunch for Wirral veterans on December 4. Based on the site of the former Cleaver Hospital, used by The Home Guard in the Second World War, the home has a long history of supporting the work of the Armed Forces and is pleased to be bringing together veterans and residents in support of Age UK during the festive season.

Mrs Ball added: "We are looking forward to partnering with Age UK and welcoming war veterans who did so much for this country to the home for another special lunch with residents of The Hazelwell.

"Christmas is a really special time for our residents as it brings back so many memories, and we love embracing the songs, decorations and traditions. We aim to include something for everyone to enjoy this year and for those who simply love all things Christmassy - there's lots and lots of festive fun to be had!"

The party atmosphere will be back once more on December 7, with all staff and residents' families coming together for Christmas carols and a festive singalong for all to enjoy.

The Hazelwell activities co-ordinator Sandra Clarke added: "We're looking forward to all our residents having a really joyful time with the team here at The Hazelwell and their friends and families. It's not always an easy time of year for many of them and we will be hoping to create lots of new happy Christmas memories."

The Hazelwell has been named in the Top 20 Recommended Care Homes in the North West – the only care home in the Wirral – by leading UK care home website, carehome.co.uk, with a score of 9.7 out of ten.

For more information about The Hazelwell contact Sue on 0151 342 9654, email info@thehazelwell.com or visit www.thehazelwell.com

MAKING THE MOST OF EVERYDAY



TERRACE & GARDENS



HAIR SALON



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JOIN US FOR A BRIGHTER WAY OF LIFE

**NURSING | RESIDENTIAL CARE
PALLIATIVE CARE | RESPITE**

Situated in the heart of Heswall in the Wirral, The Hazelwell is designed to combine the best of modern design and technology with the highest levels of care, comfort, and cuisine. With a CQC rating of 'good' and a score on carehome.co.uk of 9.7, The Hazelwell is the ideal place to make your new home.

**Call our Home Manager Sue on 0151 342 9654 and
arrange a tour to experience life at The Hazelwell for yourself.**

QUALIFIED, EXPERIENCED & DEDICATED STAFF
STYLISH, EN-SUITE ROOMS | EXCELLENT DINING
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LANDSCAPED, PRIVATE GARDENS



HAZELWELL

CARE HOME





BAR at KNOCKALOE HALL

SOUL NIGHT 21st DECEMBER 2019 - ARRIVE 7:00PM
2 Course choice menu, LIVE BAND 'Band of Gold',
DJ and Midnight bar
£25.00 per person, all bookings through sales



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See our website
for more details

NEW YEARS PARTY
£20 - HOT BUFFET,
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EVE PARTIES
FREE ENTRY
24th DECEMBER

NEW YEARS
DAY MENU
1 Course £9.95
2 Course £12.50
3 Course £15.00

See our menu
on our website

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FAMILY MENU
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CHRISTMAS FAYRE MENU
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