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MAGAZINE



FEBRUARY 2020
Issue 96

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Maxine



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- 15.2.20 Mere Golf Club, Knutsford 10am-5pm
- 16.2.20 Ramada Plaza, Wrexham 10am-5pm
- 22.2.20 Village Hotel, Bromborough 10am-5pm
- 23.2.20 Village Hotel, Warrington 10am-5pm



DO YOU KNOW?

1. Stealing someone else's idea without realizing you've done so is called "kleptomnesia."
2. Afghanistan has been invaded by Greek, Arab, Mongol, Mughal, Persian, British, Sikh and Soviet forces. No invader has been able to control all of its regions at the same time.
3. Upon opening his crypt this year, Salvador Dali's famous moustache remained in a perfect state after 28 years.
4. Charles Darwin was the first to put wheels on an office chair, creating the modern office chair.
5.  The artist formerly known as Prince was obsessed with lavender and that's how you knew he was entering a room: you would smell the lavender.
6. The hum that comes from mains electricity provides forensic scientists with a date and time stamp on audio recordings.
7. Dragonflies can get fat. They then become less successful at finding a mate.
8. The Eskimo kiss –rubbing noses– is not a kiss. It's called a "kunik" and is an expression of affection, usually from an adult to its child. The Inuit kiss on the lips like everyone else.
9. Notre Dame, one of Paris' oldest edifices, was almost demolished in the 19th century and was only saved by Victor Hugo, who planted it back in the public's hearts and consciousness through his novel.
10. The rubber tree isn't the only plant with rubbery sap, but it is the only one that produces more latex each time it is cut because the wound stimulates its rate of photosynthesis.
11. By the fifth century AD, Rome had around 900 public baths.
12. If you tickle a rat every day, it'll start laughing as soon as it sees you.
13. Perrier water and its competitor San Pellegrino are both owned by the same company, Nestle.
14. The Empire State building gets hit by lightning about 23 times per year.
15. Canada is just 1.5% larger in land than the U.S.A.
16. The ukulele was not invented in Hawaii but rather in the Portuguese Island of Madeira.
17. Japan's criminal courts have a 99% conviction rate.
18. Volkswagen sold more sausages than cars in 2015
18. The world record for the most naked people on a rollercoaster is 102.
19. Researchers from NASA say the perfect nap lasts for 26 minutes.
20. Billionaire oil tycoon J. Paul Getty installed a pay phone at his mansion for guests to use so that he would not be billed for their calls.
21. The world's first weather map, published in The Times on 1st April 1875, gave the weather for the previous day.
22. Feudal Japan lords purposely built homes with squeaky floors as a defensive measure against ninjas.
23. The German Chocolate Cake was named after an American baker by the name of Samuel German, not the country of Germany.
24. The oldest bathtub yet discovered is in the Queen's bathroom in the palace of Knossos on Crete, dating from 1500BC.
25. The flags of Chad and Romania are identical.
26. Underneath the avenues and boulevards of southern Paris, France, there are ossuaries holding the remains of more than six million people.
27. It is believed that London's Big Ben was named after Sir Benjamin Hall, First Commissioner for Works, whose name is inscribed on the bell. Others attest that the bell was named after Ben Caunt, a champion heavyweight boxer.
28. Moscow's Red Square's name has nothing to do with communism or with the color of many of its buildings. It derives from the word 'krasnyi', which once meant 'beautiful.'
29. Brazil's capital, Brasilia, took just 41 months to build, from 1956 to 1960.
30. Indonesia banned kissing in public in 2004.
31. The inventor of the web, Tim Berners-Lee, has one regret: adding the double slash "/" to URLs. In retrospect, he says, it was totally unnecessary.
31. In more than half of U.S. cities, it is illegal for homeless people to sit or lay on the sidewalk..
32. There is a movie called "Rubber" and it's about a car tire that kills people.
33. 35 years after leaving school, the majority of people can still identify 90% of their classmates.
34. In 2007, Scotland spent £125,000 devising a new national slogan. The winning entry was: "Welcome to Scotland."



The artist formerly known as Prince was obsessed with lavender and that's how you knew he was entering a room: you would smell the lavender.





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ACCREDITATIONS



AutoReview

by **Tony Yates**

Keeping you motoring

Vauxhall Insignia Tech Line Nav Grand Sport 1.6 (136PS) Turbo D



When you think about buying a new car – you need to consider quite a few things before you decide to buy. For instance – is it fuel-efficient, and it does have satellite navigation; and does it come with plenty of space. Plus, will it last till the end of time. Of course, these are just a few of the things that go through a new car buyers mind – including; what will my bank account look like at the end of each month and what will all your friends & family think of it.

Well for once I am going to say; ‘who cares’ It’s your car so what does it matter what anyone thinks. Plus, I used to drive a Fiat Uno when I was young, and I spent most of my youth pushing the dam thing around. Saying that we ended up breaking down in some very odd places and that’s what made it more fun back then. Anyway, Let’s move on to this month’s review before I say something I might regret later about my youth.

Power and Efficiency:

My test car was fitted with a 1.6-litre turbo diesel engine that produces 136PS and a maximum torque value of 320Nm, making it incredibly good at getting a move on quite quickly – not bad then for a car that I consider to be quite large. 0-60mph also comes in at around 10 seconds and at a push it will return over 56mpg - it will honest! Max Speed is also up at 129mph. Of course, maybe diesel is not your thing anymore and you prefer to waste your time waiting for your EV to charge. Well call me picky, but when I want to go out, I want to go out. The thought of waiting around for hours to charge my main mode of transport does not appeal to me one bit if I’m being brutally honest.

On the road:

The Insignia handles well – but I feel it is not as much fun to drive as it could be - although the steering is direct which is one better than most. The Insignia also feels very well put together, the grip levels are also good, and the suspension has no

problem dealing with our ever-increasing poor road network of potholes and uneven surfaces. This car was also built as a mile muncher which is where it shines. It's also very relaxing to drive and the cabin noise is very minimal, even with a strapping diesel engine fitted.

Interior & Technology:

The interior is fresh, and all the buttons and dials are clear. The front seats have plenty of adjustment to them and feel well made and very comfortable. Rear legroom is also good, and the boot space is fantastic. I also like the wide boot opening - this will help facilitate getting a large item inside the boot a doddle.

So, what do you get in the form of goodies? Well, it starts with; a DAB radio with seven speakers, Driving Assistance Pack, front and rear parking sensors, cruise control with speed limiter, LED daytime running lights, LED rear lights, electronic climate control, ESP, six airbags, remote control central deadlocking with keyless start and 17" alloy wheels. This list has of course been trimmed down to fit the review, so don't worry, there is lots more I haven't even begun to tell you all about.

To sum up:

The Insignia has always been a decent buy. And now thanks to many upgrades over time, It's now modern, fresh and will easily handle a large family. Forget the days of this being a sales REP motor, because this is clearly not the case anymore. The Insignia is a decent car that deserves respect. If I was in the mood for a large car, then the Insignia would be on my list of the top three cars I should be looking at.

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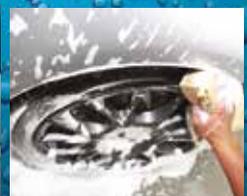
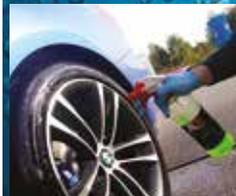
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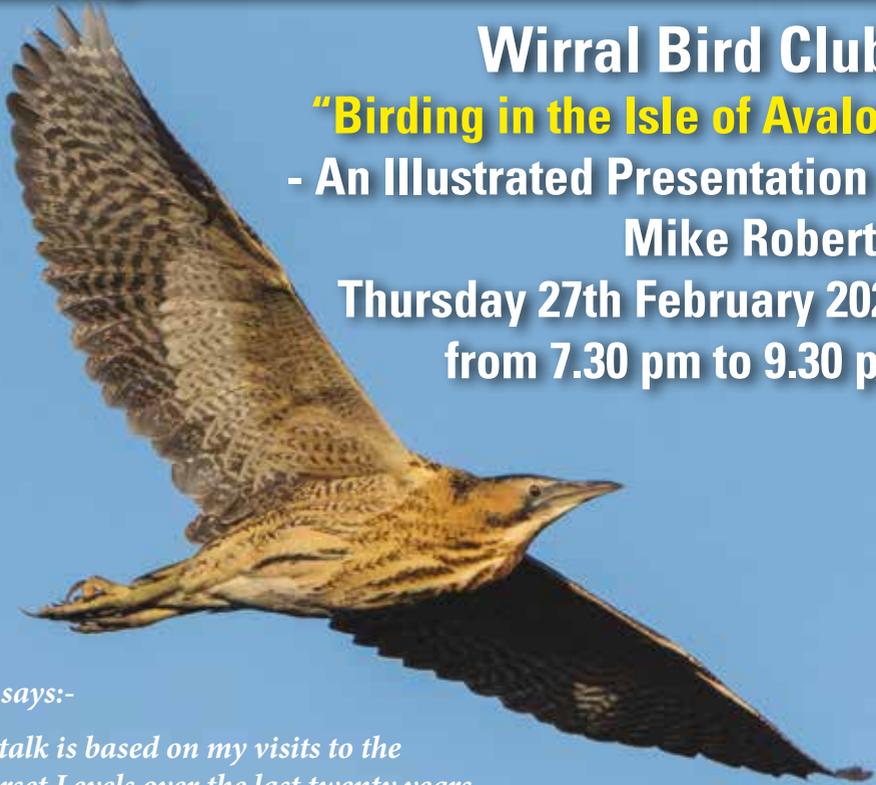
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COMMUNITY NEWS

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Wirral Bird Club - "Birding in the Isle of Avalon" - An Illustrated Presentation by Mike Roberts - Thursday 27th February 2020, from 7.30 pm to 9.30 pm.



Mike says:-

"The talk is based on my visits to the Somerset Levels over the last twenty years.

It aims to show the diversity of habitats and the conservation successes over recent years. It features the return of species such as the Bittern and Cranes, with newly establishing species such as Great White and Cattle Egrets looked at.

Other species such as Water Vole, Otter and Large Blue Butterflies are also covered."

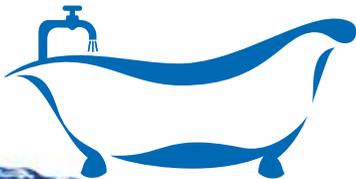
The attached photograph, of a Bittern, was taken by Mike.

This illustrated presentation will take place at Kingsmead School Hall, Bertram Drive, Hoylake, CH47 0LL.

Visitors are very welcome, and the cost is £4.00, which includes tea/coffee and biscuits.

This is not a ticket event - please just come along.

Details of further illustrated presentations and field trips can be found on our website at www.wirralbirdclub.com or by ringing Bill on 07795 148140



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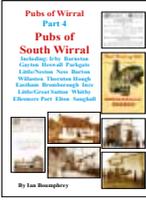
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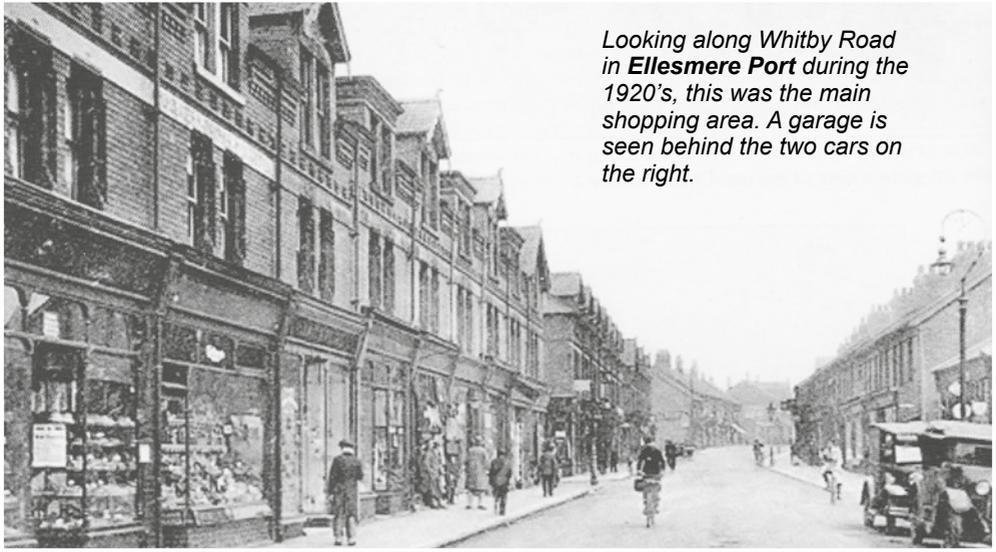
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*Looking along Whitby Road in **Ellesmere Port** during the 1920's, this was the main shopping area. A garage is seen behind the two cars on the right.*

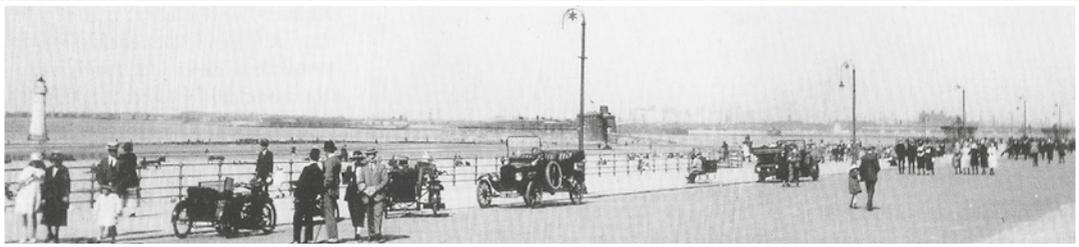


*Above 1919: The thatched, half-timbered **Wheatsheaf Inn** at **Raby** dates back to 1630. The alehouse keeper in 1754 was William Bushell and by this time was Elizabeth Ellison. Both buildings either side are now part of the inn.*



Above: 1926. The bunting is out and the crowds are gathering for the opening of the Capitol Cinema **Liscard Village** on 4th September 1926 with the film **Midnight Sun** featuring **Laura La Plante** and **Pat O'Malley**.

Below: 1922. Fresh air on **New Brighton Promenade** - pedestrians plus two cars without tops and two motor cycles with side-cars. The lighthouse is seen on the left and **Perch Rock** on the right.



Right: The **Punch Bowl**, pictured to the left of the open car in **Market Street, Hoylake**, was the cause of a bottle neck for many years and was demolished in 1936 being replaced by the present building which was built behind the old pub.



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Wirral Council is developing the Local Plan, and your opinion is needed.

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Visit us at a drop-in session and chat to our planning officers who will be on hand to discuss the consultation documents and provide advice on how to register your views. Sessions are 12:30-8pm
*except Tues 11 Feb 11:30-3pm.

Consultation begins:

27 January 2020 for 8 weeks.

All comments must be received by:

5pm Monday 23 March 2020.

Date	Venue
Mon 27 Jan	Heswall Library
Wed 29 Jan	Bromborough Civic Centre
Thur 30 Jan	West Kirby Concourse
Mon 3 Feb	Birkenhead Town Hall
Wed 5 Feb	Wallasey Town Hall
Tues 11 Feb*	Wirral Change, Birkenhead
Tues 18 Feb	Bromborough Civic Centre
Wed 19 Feb	West Kirby Concourse
Thur 20 Feb	Heswall Library
Tues 25 Feb	Leasowe Millennium Centre
Wed 26 Feb	Birkenhead Town Hall
Thur 27 Feb	Wallasey Town Hall

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email localplan@wirral.gov.uk

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Charity to Celebrate 35th Anniversary



The Neuro Therapy Centre, based in Saltney, Flintshire will be celebrating its 35th anniversary in 2020 - with lots of events and fundraising ideas throughout the year.

The charity was first formed in 1985 to support people with MS by offering Oxygen Therapy – its four founders were people who either had the condition or were Carers of people with the condition. Over the years it has expanded its support into a wide range of therapies including physiotherapy, gym facilities and counselling, as well as a social space where people can meet and support each other. In 2011 the Centre also increased the number of conditions it supports to embrace a wider range of neurological conditions including Parkinson's Disease, Fibromyalgia, Motor Neurone Disease and ME.

"The Centre has evolved over the years and we make

sure that we keep embracing change to meet the needs of people with neurological conditions and their Carers. The inspiration of our four founding members is always with us and ensures that we continue to provide a professional and friendly service to those who need us," said Jane Johnston-Cree, Centre Director at the Neuro Therapy Centre. ***"The long-term degenerative conditions we support can stop people in their tracks, leaving them without hope and having to change their lives dramatically. We are here to encourage and support a life after diagnosis and the supportive nature and caring atmosphere at our Centre shines through – it's the first thing that people notice when they walk through the door."***

The Centre will be using its anniversary year to raise awareness of its work throughout the region, across

North Wales, Cheshire and the Wirral.

Jane added: ***"We are the only Centre of our kind in this region, so it is important that we reach as many people as we can who can benefit from our services. Therefore, we are encouraging everyone that can help us spread the word about our services to do so – whether that be employers supporting their employees, partner organisations, GPs and friends and neighbours. We want 2020 to be a landmark year for the Centre and we're keen to hear from anyone that can support us."***

The charity has also planned several fundraising events to mark the special year, two of which start in January. The Centre is encouraging people to get sponsored to give up their bad habits for the month of January and join them in taking part in their

'Banuary' campaign. "We're excited to hear what people are going to give up," said Shannah Goodrick, Events and Volunteer Co-ordinator at the Neuro Therapy Centre.

"Chocolate is a popular one so far along with alcohol, we've also heard mention of people being tempted to give up Netflix binges for the month. Whatever people choose it's great to know that they can use this opportunity to raise funds for our work and perhaps it may even lead to a permanent lifestyle change."

The Centre's second fundraising campaign to start in January will be their 'Virtual Voyage' where people can sign-up to 'travel' part of the distance between the Centre and Tokyo in time for the launch of the Paralympics on 25th August. "We're really excited about this one," said Shannah. "The distance is 5897 miles, so it's going to be quite a challenge, but with as many people as possible contributing to cover the distance I'm sure we'll make it. People can choose how they wish to take part whether that is through swimming, walking, running, rowing, cycling or something else."

The Centre also has plans including a golf day, charity auction, and their largest ever fashion show during their celebration year – with more to be announced.

People wanting to find out more about the Neuro Therapy Centre, its

services, or its fundraising events can visit the Neuro Therapy Centre's website at www.neurotherapycentre.org or call 01244 678619.





What to do in the Garden in February

In frosty weather little can be done in the garden. The ground is too hard to dig or plant and the lawn should not be walked

on. Although there is very little work to do, January ushers in the beginning of a new year that is full of promise in the garden.

English Countryside Winter Scene

Despite the low temperatures and short daylight hours, there are some useful tasks that can be done. If the weather is mild, you can still plant roses and bare rooted shrubs and trees. At this time of year a heated greenhouse has great appeal, especially when the weather is too cold and wet to work outside. The warmth of a heated cold-frame or greenhouse or even a sunny indoor window enables you to sow annuals that need a long growing season and start of those early vegetable crops. Roots of favourite herbs, can also be lifted and brought indoors, to provide fresh shoots and leaves for winter flavour.



Winter digging is necessary for beds and borders that need to be planted in early spring. The earlier this is done the better, allowing time for frosts to act and break down the soil. The longer any rough clods of soil are exposed to frost, the easier it will be to get a fine tilth in spring. While digging, it is a good idea to work in plenty of well-rotted manure or garden compost at the same time, thus improving the soil's texture and richness.



If you have planted any trees or shrubs during the winter months, check that they haven't been lifted by frost. Once lifted, they can rock in the wind and their roots will be slower to get established. Re-firm the plants by pressing down on the surrounding soil with your feet. You may also need to stake any tall or exposed plants to prevent further wind rock.

If the surface of water features or a pond has frozen solid, and particularly if it contains fish, break the ice with care. If the ice is very thick, use a little boiling water rather than a hammer, to avoid shock waves which can kill the creatures beneath.

Planning Next Season's Garden

The long winter evenings provide plenty of time to browse through seed catalogues and plan new projects in the garden. Late January to early February is an ideal time to visit garden centres to buy seeds, tubers and bulbs for the coming season. If you are ordering products from a seed catalogue, or over the internet, it should be done as early as possible or they may arrive too late for their proper sowing or planting dates.



Maintain and Check Garden Tools and Equipment

Make sure that mechanical equipment such as mowers, rotovators, edgers, strimmers and hedge trimmers are in good working order. If any need repairing or sharpening, take them in for servicing by a professional.



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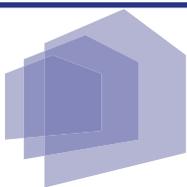
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CUSTOMER RECOMMENDATIONS

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"Both Alison and I would like you to pass on our thanks and best wishes to all of those involved at Elliott Build & Glaze Ltd in this project, as they have been very attentive and professional, as well as personable, throughout the project."

Forshaw/Murray - Bebington

We are very happy with all the work and the high standard that was attained.

O'Mally - Meols

"Scott and the team certainly gave us best in class service whilst they worked on our extension, kitchen and bathrooms. They kept us informed all the way and worked around our diaries to deliver the programme on time. We highly recommend them to anyone.

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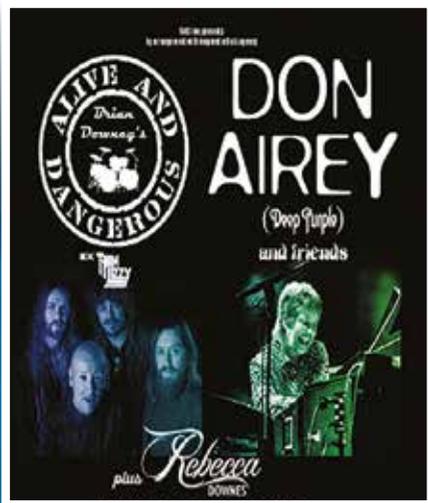
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Start at the **Saughall** in Saughall Massie. This is a spacious country pub, with good food and a range of Thwaites beers in a quiet semi-rural area. A well designed outside area means that this is one of the Wirral's best beer gardens and with a play area for the children provides a lovely environment for a nice lazy summer's day for the whole family.



Leave the pub and turn left along Saughall Road and after a few yards turn left onto Garden Hey Road. Continue for about ½ mile and when you reach the main road turn left and then immediately right into Carr Lane. Follow this

quiet road which becomes narrower with housing on your right and open country side behind the hedge on the left. After just over ½ mile when you reach the railway line, follow the road to the left for another ¼ mile until turning right to cross the railway by the level crossing, taking extreme care to cross safely. Continue along Carr Lane and when you reach Park Road follow the road to the left until you reach the housing on the edge of Meols. Turn right down Bennet's Lane and continue to the sea front where the road turns left to become Meols Parade.



Follow the road with the sea wall immediately on your right for 1¼ miles. A few hundred yards after the Lifeboat station, turn left up Trinity Road. Take the third turn on the right, Back Seaview and at the end you will see the **Plasterers Arms**. This welcoming cosy pub is a reminder of the old fishing community, sadly long

gone. The pub has interesting decor including a mirrored ceiling. There are three real ales on hand pump.



Turn left out of the pub and then left again along Grove Road returning to Trinity Road where you turn right and continue until the end of the road. Turn right along Market Street and after 100 yards you reach the **Ship Inn**. This popular town-centre pub was first licensed in 1754. Although modernised in recent

years with a single L-shaped bar area, old beams have been retained in the back lounge. There is a large secluded garden at the rear. Good value bar meals are served every lunchtime. Beers include Brimstige Trappers Hat and Timothy Taylor Landlord plus a changing range of three guest beers.

Turn left from the pub and continue along Market Street until you reach a large roundabout where you turn right along King's Gap. At the Green Lodge Hotel turn left along Stanley Road and continue for ¾ mile keeping the Royal Liverpool Golf Club on your left. At the end on the road walk down to the beach and follow the footpath on your left along the beach. There are views across the Dee estuary to Hilbre Island and North Wales. After just under 1 mile the beach opens up and ahead of you on the left there are some steps which take you up to the road. Turn left along Riversdale Road and continue to the main road at the end.

Opposite and to the right you will find the **West Kirby Tap**.

Refurbished and reopened by Spitting Feathers brewery in May 2014, this is a smart modern open bar with plain wood panelling and bare brick walls. Eight hand pumps dispense a regularly changing range of beers including those from Spitting Feathers and often from other local breweries. One real cider is also usually available. Good quality food is served all day.



Leave the pub and turn left along Grange Road, passing the station on your left and continue up the main road for a further 300 yards to reach the **White Lion** on your left. This is a traditional local free house in a 200 year old sandstone building, a warm, welcoming retreat especially in the colder months with a real fire by the bar or for the summer there is a large garden at the rear. Beers from Black Sheep and Courage plus an ever-changing range of guests is on offer. Good value lunchtime meals (not Sunday).

Turn right out of the White Lion and head back down the road to West Kirby station to catch a train or a bus home. There are good bus connections to most parts of the Wirral.



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6 fresh new ways to enjoy potatoes



Potatoes are the vegetable that take breakfast, lunch, dinner and snacks to the next level of yum. They are quick to disappear but also quick and easy to buy, prepare and serve. Not only are potatoes uber satisfying, but research published also shows that when prepared healthfully, they can be a part of a weight loss programme - just call them the 9th Wonder of the World. If you're looking for flavourful and nutritious dishes that can be part of your weight management plan this new year, then look no further.

Here's a little inspiration for potato dishes sure to become favourites in 2016:

DIY POTATO CHIPS: *This is a super easy and delicious recipe.* Boil a russet potato and a few purple potatoes for 5 minutes, drain, dry and cut into thin slices. Toss the freshly cut slices in one beaten egg white. Spray a non-stick pan with cooking spray and evenly space the chips throughout the pan. Bake slices at 400 degrees F for 35 minutes, turning halfway through. Top chips with sea salt or a sprinkle of bleu cheese.

SEASON WITH NEW FLAVOUR FAVOURITES: Spice up your baked or roasted potatoes with healthy toppings that really raise the bar on nutrition and flavour. Start with a plain, thick and creamy yogurt and a good source of protein. If you're serious about spice, try adding a tablespoon of Sriracha and orange juice to a half-cup of your yogurt, mix, and add a dollop to your potatoes. Love a Mediterranean flair? Top your potatoes with Greek yogurt mixed with lemon, garlic, roasted red peppers and oregano.

WHOLESUME MASHED POTATOES: Mash your potatoes with a low-fat spread, Greek yogurt or skim milk for that creamy, delicious texture you love, without all the extra calories.

SLIM-BELLY BAKED POTATO BAR: Families will love a baked potato bar. Top a baked potato with ground turkey, salsa and light sour cream for taco night, or top your potatoes with tomato sauce, turkey pepperoni, Italian blend shredded cheese and other veggies for a pizza-style delight.

GRILLED POTATOES: Potatoes are the perfect addition to your garden barbecue menu. Grilling potatoes adds a unique flavour you can't get from the stove or oven. Create your own spud rub with onion powder, lemon pepper, paprika, sea salt and ground cumin and coat potatoes with a little extra virgin olive oil. Place the potatoes on a grill rack or basket, and within 15 minutes, you'll have yourself the most spectacular side dish.

CUSTOMIZE A NUTRITIOUS BREAKFAST HASH: Drizzle a tablespoon of extra virgin olive oil in a skillet and add diced potatoes (fresh, frozen or refrigerated) with bell pepper and onion, cover and cook on medium heat for 10 minutes. To serve with soft-cooked eggs, use a spoon and make 4 shallow depressions in the hash and carefully crack an egg into each hollowed-out spot. Cover the pan and cook eggs for 5 minutes, or until the whites are set and yolks are still runny, then serve immediately. Alternatively, scramble four eggs and top your hash. For a final touch, top with hot sauce or a sprinkle of tarragon, salsa or chimichurri sauce.

One medium-sized skin-on potato has just 110 calories and contains 45 percent of your daily value of vitamin C.

On its own, a potato contains no fat, no sodium, no cholesterol and has more potassium than a banana. For more potato recipes, visit PotatoGoodness.com.





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AGE MATTERS CH64



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We have completed our first year as AGEMATTERS CH64 and can report growing success.

Our Committee has worked well over this period and, with the invaluable support and partnership of Neston Methodist Church we continue to reach out to the Senior Citizens in the Neston (and wider!) area.

Anne Jones and Jackie Gorman continue to provide support and advice on the ever growing issues which we face and to establish a strong network of policies, resources, advice and support for the local community.

Applications for Attendance and Carer Allowances have increased and we are very successful in obtaining these for our clients. Blue Badge applications are also successfully implemented.

On average up to 20 clients are received and supported each month - showing that there

is a growing and continued need for our Services.

As a community Charity we have been pleased to accept donations and thanks from our community.

As we move into the next decade we are seeking to expand our directory of people and services to further support our activities. We welcome any support and advice - *please contact us: 0151 336 8388 or 07714256197.*

The TEAPOT provision has also seen a New Year change as they have set up as a Community Charity within the Church facility. This has allowed them to operate with continuity and will provide a secure base for long term provision.



Amanda Powell, Jackie Gorman and Anne Jones in the AGEMATTERS CH64 office.

MONDAY, TUESDAY
AND WEDNESDAY

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DIARY DATES FEBRUARY 2020

Sunday 2nd February 2020

GaGa - A Tribute to Queen

Marine Promenade, New Brighton,
Wirral, CH45 2JS
Box Office: 0151 666 0000

Time: 19:30

Performed by a multi-award winning band who have headlined the 'International Guitar Festival' on several occasions, this is a Queen show like no other.

From numerous Queen Conventions to TV appearances, GA GA have consistently proved why they are so highly rated by critics and audiences alike. There are no wigs, no make-up and definitely no false moustaches but instead a host of massive Queen songs played like they were meant to be.

“Stunning” – Official Queen
Fan Club

“Superb” – Brian May



Monday 10th February 2020

An Evening With Frankie Dettori

Marine Promenade, New Brighton,
Wirral, CH45 2JS
Box Office: 0151 666 0000

Time: 19:30

Frankie Dettori, MBE, has been Champion Jockey on three occasions and has ridden the winners of more than 500 Group races. His most celebrated achievement was riding all seven winners on British Champions' Day at Ascot in 1996. He is the

son of the Sardinian jockey Gianfranco Dettori, who was a prolific winner in Italy and has been described by Lester Piggott as the best jockey currently riding.

The show will feature an interview by Peter Burrell with the 48-year-old Italian jockey followed by an audience Q&A session in the second half. If you want to put questions to a jockey who is both a celebrity and a true legend then book your tickets now.



Sunday 16th February 2020

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Wedding Fayre

Mon 24th - 29th February 2020

Band of Gold

Marine Promenade, New Brighton,
Wirral, CH45 2JS
Box Office: 0151 666 0000

Following the huge, sell-out success of Fat Friends The Musical, Kay Mellor makes a triumphant return with a star-studded cast in the world premiere stage production of her multi-award winning TV series Band of Gold.



The Rotary Club of Birkenhead

Telephone Club Secretary on
0151 336 7528



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WELL DESERVED ROTARY HONOUR



A long-standing past President of The Rotary Club of Birkenhead has been presented with a Paul Harris Fellow award. Rotarian Bill McCutcheon is pictured centre front holding his citation.

Bill is pictured with from the left Birkenhead Rotary President Steve Lander, Assistant Governor Paul Dutton and Fran McCutcheon, who herself has both supported Bill in his Rotary work but also the Inner Wheel Club of Birkenhead for many years.

THANKS FOR PUBLIC SUPPORT



Santa is pictured with his new sleigh, provided by Birkenhead Rotary, together with his helpers from the club, who also assisted Santa to raise funds for the Wirral Hospital's charity. The sleigh also made trips to a number of community organisations, including Claire House and the Mayor's Tea Dance. Birkenhead Rotary Club members also warmly thank the Sainsbury's Stores at Prenton and Upton, Tesco, Bidston and other venues where public collections were undertaken in aid of Rotary supported charities and organisations.



COMMUNITY NEWS

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FRIENDS OF HADLOW ROAD STATION COMMUNITY GROUP

The additional Hadlow Road Station platform sign has been refurbished and work to fit it is well underway; just awaiting the two posts drying out.

A boundary sandstone marker post with the inscription "L and NW joint GWR RWC" has very kindly been donated to the station, and will be fitted by the new fence at the east side of the south platform.

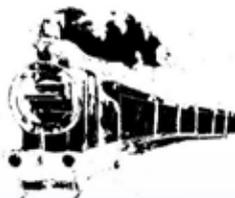
The Hadlow Road Station model railway is being collected from Birkenhead Model Railway Club in a couple of weeks and work is well underway to create a large table (8ft by 2ft) on which this display will sit inside the signal box, against the window by the viewing platform.

At the pop-up-cafe opening on 26th January there will be a formal handover of two new Hadlow Road Station signal box signs consistent with the original designs. The two signs will be fitted on both the east and west sides of the signal box, and the old sign removed.

Santa's Grotto in December 2019 was a huge success. Santa walked down the platform talking to all the waiting children, before entering his Grotto. The steam train traction rides around the car park were very popular once again with a total of 220 children and adults enjoying this ride. In addition, 36 children enjoyed their face painting whilst the balloon man was kept very busy all afternoon creating and giving away balloon animals. The cafe served in excess of 340 customers with drinks and goodies. All this to the accompaniment of music from Simon-le-Barber, Hadlow Green Singers and Riversign Choir.

The next Pop-up-Cafe will be January 26th and February 23rd from 10.30am to 1.30pm

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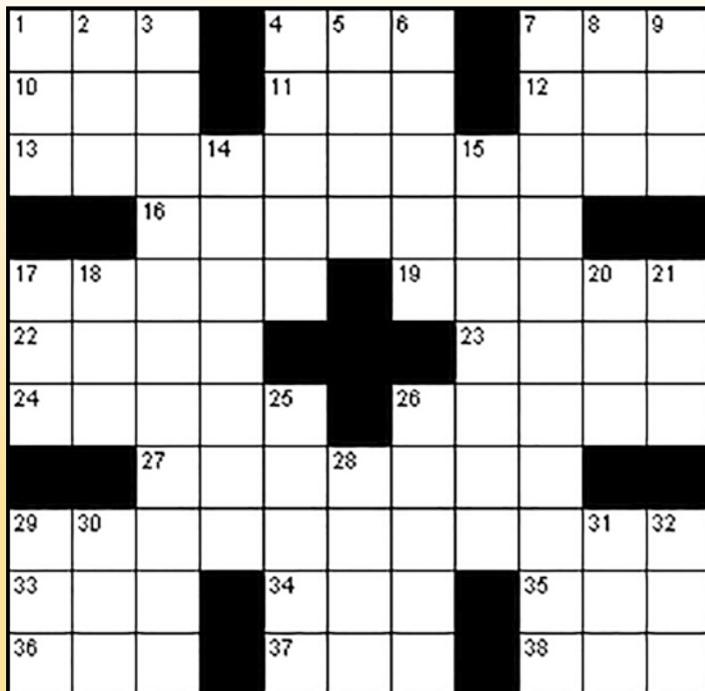
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2. Coloring agent
3. Slows down
4. Gulleys
5. Norse god
6. Beckons
7. Encumbering
8. Mesh
9. Autonomic nervous system
14. Huge
15. Receive from a predecessor
17. Small portable bed
18. How old you are
20. S
21. Damp
25. Binge
26. Clutch
28. Hotels
29. "Eureka!"
30. Cover
31. Compete
32. Shade tree

Across

- | | | | |
|---------------------------------------|--------------------|-------------------------|------------------------|
| 1. Contribute | 12. Poetic dusk | 19. Termagant | 33. Hasten |
| 4. Expression of surprised admiration | 13. Backsliders | 22. Curved molding | 34. N N N N |
| 7. Ribonucleic acid | 16. Distinguished | 23. Convenience | 35. Zero |
| 10. Type of whiskey | 17. Quietens | 24. Small slender gulls | 36. Commercials |
| 11. American Dental Association | 19. Termagant | 26. Grain to be ground | 37. Clairvoyant's gift |
| | 22. Curved molding | 27. A painkiller | 38. Precious stone |
| | 23. Convenience | 29. Option | |

Sudoku Puzzle

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid.

There is only one correct solution to each sudoku. Good luck!

Difficulty level: **Hard**.



Solutions can be found on our website:
www.love-wirral.com



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'ENJOY A NEW HOME FOR THE NEW YEAR' AT HESWALL CARE HOME

A care home in Heswall is inviting anyone who is contemplating moving into a care home for the new year to come and find out all the benefits the move can bring to their lives.

The Hazelwell, a residential, nursing, palliative and respite care home on Oldfield Road, says that finding the right care home for yourself or a loved one is a big decision but once the correct one has been found it should feel like a happy home-from-home.

January is usually a popular time for people to start seeking out a care home and The Hazelwell care home manager Sue Ball said: "Firstly people often put these things off until Christmas is over, it's a new-year-new-home thing.

"Secondly, in the winter months often people find they get more poorly with winter bugs and a slow recovery might be the trigger that makes them think that they could do with living somewhere with a little bit more round the clock help on hand."

Whatever the reason for the move, Sue says that the move into a care home should not feel like a total upheaval if it is into the right home. "Here at The Hazelwell we aim to go above and beyond to make all residents feel as comfortable as possible," she added. "But especially our new residents. It's important that they have their much-loved home comforts and own routines."

The Hazelwell itself is well equipped to look after the needs of any resident with 55 tastefully decorated en-suite rooms, spacious communal lounges, private secure gardens, specialised gym, and stunning rooftop terrace on which to socialise, home cinema room and library.

Personal grooming is well catered for at The Hazelwell with on-site rooftop salon as well



as a mini-bus and chauffeur-driven car to ferry residents into town.

The Hazelwell activities co-ordinator Sandra Clarke crafts a full and well-rounded programme tailored to the residents' interests and health needs, as well as the season. Dancing, gardening, summer fairs, arts, crafts and social events are all catered for at the home.

With the on-site head chef and his team providing high-quality food which can be tailored to residents' own nutritional needs, The Hazelwell really does take care of every aspect of each individual's personal wishes.

Sue added: "We run The Hazelwell as a real home-from-home and we care deeply for all our residents. Often our residents tell us they are so happy to feel safe and cared for, and enjoy being part of our family. Nothing could make us feel happier than hearing that."

For more information about The Hazelwell contact Sue on 0151 342 9654, email info@thehazelwell.com or visit www.thehazelwell.com



HAZELWELL
CARE HOME



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The Hazelwell Care Home, situated in the heart of Heswall in the Wirral, is a purpose-built care home offering exemplary standards of care and premium comfort for residents.

Our entire ethos centres on the word 'home' and we would love to welcome you to ours. Each day brings exciting new opportunities for you to embrace and no two days are ever the same.

Call our Home Manager on 0151 342 9654 and arrange a tour to experience life at The Hazelwell for yourself.

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Review Score on
carehome.co.uk

"I cannot praise The Hazelwell Care Home highly enough, everything about it is truly exceptional."

Daughter of Resident

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