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November 2014
Issue 33

The Monthly Business
& Community Magazine

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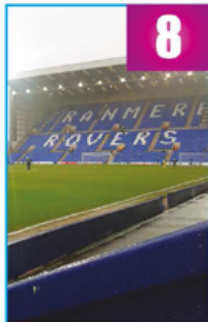
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FUDGE

49 Chester Road, Whitby, Wirral

WHAT'S IN THIS MONTHS LOVE WIRRAL MAGAZINE

8



ROVER WATCH

32



**HOME UPDATES
GO BACK IN TIME**

36



BEAUTY BASICS

38



**TIPS FOR HASSLE-FREE
HOLIDAY SHOPPING**

51



**GROW YOUR
GARDEN'S VALUE**

Love Wirral

The Magazine of Choice
for Businesses in Wirral.

Rover Watch	8
Did You Know ?	10
2014 Upcoming Events in Wirral	16
Tax Refund Email - Q&A	19
Local Charities Page	30, 66
Home Updates Go Back In Time	32
Beauty Basics	36
What? With Weight Watchers?	37
Tips For Hassle-Free Holiday Shopping	38
Food Guide In Wirral	42
Inspired Holiday Treats	46
Grow Your Garden's Value	51
Neston Market Presents	56
Christmas At Clatterbridge	60
Fitness Queen - Motivation	62
Community News	58, 68, 72
Yesterday's Wirral - Old Photos	64
What's On Guide	74
Puzzle Page	76
Our Advertising Rates	78

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www.facebook.com/RuePhotography.ie



Dear Friends,

I hope you are looking forward to bonfire night (please remember our little fury friends don't much like it though). I have listed dates of Wirral Borough Council's **FREE** firework displays on our What's On page, they are always a treat to watch - remember your wellies!

As we run up to Christmas I am starting to get organised, are you? - I say this every year but really will have to this time! Lots of our advertisers have 'gift vouchers' and special offers for the festive season, always greatly received and something to look forward to spending!

Have you had your car serviced yet and your heating checked? These are jobs we put off but there's nothing worse than being left in the cold during the winter, especially when you can't get hold of an engineer - I'm sure you will agree! Have a lovely November, wrap up well!

Keep up to date with us on facebook and our new facebook group, twitter & visit us at:

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Best Wishes

Maxine



Note to our advertisers!

We go to print each month on 20th and the copy deadline for advertisers is 17th.
Any advert space cancelled after the 15th of the month will be charged the full amount.

Advertising Rates on page 78

Our advertising rates can be found on our website @ www.love-wirral.com

4 Circulation of this FREE magazine will be distributed to Wirral from South Wirral Whitty to West Kirby & Birkenhead areas covering businesses, doctors, opticians, hospitals, fast-food outlets, one-stop shops, dentists, police stations, estate agents, clinics & health centres, libraries, solicitors, gyms, builders merchants, public houses, hotels & homes.



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“Rover Watch”



The pressure is mounting on rookie Tranmere manager Rob Edwards following a winless month which saw his side drop important points in a most frustrating manner. Rovers, struggling to reacquaint with the fourth division, have been toothless in attack and frail at the back; a deadly concoction condemning the club to it's worst league position in a generation.

Tranmere, who managed to score just once in a barren five-game stretch throughout September, lay in 22nd place after eleven league games, a nadir unmatched since 1987, when only a final day victory over Exeter City prevented an ignominious slide into the Conference. A quarter of a century on, and an apparent failure to properly retool following relegation last season has Rovers reeling and fans facing the realistic prospect of another battle for survival.

One saving grace at present is Edwards' men continuing to create chances and, though sporadically, demonstrate glimpses of smart passing play. However, this occasional positivity is offset by a chronic inability to take advantage of said chances and convert them into goals, the currency of successful teams. A recent away game with Hartlepool illustrated this hardship, as Tranmere, in command for vast periods of the contest, displayed some woeful finishing and, unable to put their opponents to the sword, were forced to settle for an unsatisfying 0-0 draw.

Similarly, against Newport just three days later, the Superwhites played in neat interchanging patterns for the first fifteen minutes but, without lodging a breakthrough, quickly became frustrated, disjointed and incoherent in attack. The Welsh visitors grew in stature as Rovers shrunk in despondency, and the resultant goalless draw was ultimately hard-earned.

In many respects, Tranmere resemble a team in transition, and a slow and painful one at that. Once again, a home game with Exeter, in mid-September, provided fresh perspective; Rovers coming unstuck against a seasoned team exceedingly literate in football at this level. Exeter, the club where Edwards cut his teeth as a coach under highly-regarded manager Paul Tisdale, were slick, sophisticated and disciplined. They knew their identity and principles, and stuck to them impressively in beating Tranmere 2-1. Ultimately, the idea is for Edwards to imitate Tisdale and for Tranmere to become as calm, confident and composed as Exeter. This particular game illustrated the distance between the present struggle and that future vision, and served as a real wake-up call for everybody associated with the Wirral club.

It sent a shockwave through the entire operation, with Tranmere slumping to consecutive away defeats against Carlisle and Bury shortly thereafter; the forwards failing to make an impact and the defence looking ever more suspect in successive 1-0 and 2-0 losses that left Rovers' just two places from rock bottom of the Football League.

At present, the way Tranmere attack and defend set pieces provides a fitting microcosm of why the club is struggling. In an attacking

sense, Rovers rarely test the opposition from corners or free-kicks around the penalty box, but, defensively, seem almost comically prone to conceding from any such situation. This blend of offensive profligacy and defensive instability has irked Edwards, who recently explained how "we're getting punished at set plays and don't look like scoring from ours."

At Carlisle, Tranmere allowed rival striker David Amoo to rise above four defensive markers at a corner and nod home what proved to be the decisive goal. Rovers, defying convention, had nobody defending the back post, exactly where Amoo's effort flew into the back of the net.

Then, a week later, both Bury goals came from corners, with Kelvin Etuhu and Daniel Nardiello exploiting statuesque defending to score into the same area of the goal usually secured by post-guarding defenders.

In two games, Rovers conceded three goals, and dropped at least two points, simply by virtue of not marking sufficiently at corners and not placing a defender on the line, which is somewhat elementary.

In attempting to explain these teething problems, Edwards pointed to the relative inexperience of his side. "We have some young players who are learning on the job," said the boss. "The centre-halves are young. The left-back is young. We have young players throughout the side. We need some older players."

Indeed, after spending the past twenty-five years playing in higher divisions, including the last thirteen in League One, the inexperience and lack of proven quality in the Tranmere squad is alarming. Perhaps this summer's decision to cut costs and dispense with the services of key players, such as top goalscorer Ryan Lowe, was taken too quickly, and with too harsh an intent. In this regard, Edwards hasn't been dealt the best hand and, as a result, doesn't have an abundance of tools with which to dig Rovers out of a rut of historical proportions.

However, the fact remains that, through his first thirteen games in charge, Edwards has the worst winning percentage (15%) of any permanent Tranmere manager since Bill Ridding in the early-1940s. Similarly, the club, a member of the Football League for 93 unabridged years, has rarely teetered on the brink of the Conference with such solemnity as is presently the case.

Quite frankly, something's got to give.





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DID YOU KNOW?

- Indonesia consists only of islands - 13,667 total.
- Police detectives have used snapping turtles to help them locate dead bodies.
- The early occurrence of a fetus yawning is at eleven weeks after conception.
- In a month, a fingernail grows an eighth of an inch.
- Spiral staircases in medieval castles are running clockwise. This is because all knights used to be right-handed. When the intruding army would climb the stairs they would not be able to use their right hand which was holding the sword because of the difficulties of climbing the stairs. Left-handed knights would have had no troubles, except left-handed people could never become knights because it was assumed that they were descendants of the devil.
- A woman has approximately 4.5 litres of blood in her body, while men have 5.6 litres.
- Ten radishes only contain eight calories.
- Many insects can carry 50 times their own body weight.
- Odontophobia is the fear of teeth.
- TWIX Caramel Cookie Bars were first introduced in 1979.
- Copper is the second most used metal in the world.
- A small drip from a tap can waste up to 50 gallons of water daily, which is enough water to run a dishwasher twice on a full cycle.
- A jiffy is an actual unit of time for 1/100th of a second. Thus the saying, I will be there in a jiffy.
- Hair will fall out faster on a person that is on a crash diet.
- Each day 400 gallons of recycled blood are pumped through the kidneys.
- The plastic things on the end of shoelaces are called aglets.
- It takes 72 minutes for the restaurant at the top of the CN Tower to make one revolution.
- The first British ship to use the SOS distress signal was the Titanic.
- There are no snakes in New Zealand.
- Every day the human stomach produces about 2 liters of hydrochloric acid.
- Peanuts are one of the ingredients of dynamite.
- In China, September 20 is "Love Your Teeth Day."
- The record for the world's worst drivers is a toss-up between two candidates: First, a 75-year-old man who received 10 traffic tickets, drove on the wrong side of the road four times, committed four hit-and-run offenses, and caused six accidents, all within 20 minutes on October 15, 1966. Second, a 62-year-old woman who failed her driving test 40 times before passing it in August, 1970 (by that time, she had spent over \$700 in lessons, and could no longer afford to buy a car).
- The reason why some people get a cowlick is because the growth of their hair is in a spiral pattern, which causes the hair to either stand straight up, or goes to a certain angle.
- Unlike other four legged mammals, kangaroos cannot walk backwards.
- Racecar driver Lee Petty once left a pitstop and did a full lap at Nascar with a pit crew member still on the hood.



Lee Petty
Born: March 14, 1914,
Randleman, North Carolina,
United States

Died: April 5, 2000, Greensboro,
North Carolina, United States

- The first fashion house to be set up was in 1858 by Charles Worth. He opened his store in Paris with the idea of having pre-made gowns presented on models to his customers.
- A galactic year is 250 million Earth-years. This is the time it takes for our solar system to make one revolution around the Milky Way Galaxy.
- James Buchanan was the only unmarried president of the United States.
- In the Victoria era, red tulips were a declaration of love.
- Only 4% of babies are born on their actual due date.
- Over 80% of the brain is water.
- Early sewing machines were destroyed by mobs or workers who felt their jobs were threatened by automation.
- Acorns were used as a coffee substitute during the American Civil War.



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UPCOMING DATES & EVENTS IN NOVEMBER

2014

25 Oct – 23 November - Williamson Art Gallery - GEOFF YEOMANS - Still into Landscape Exhibition. Birkenhead-born, Geoff Yeomans spent much of his career teaching but now lives in South Wales and paints. This exhibition will show work from the earliest part of his life as a student at the Laird School of Art, Birkenhead, in the 1950's, right up to the present.

1st & 2nd - Merseyside MRS's well established and family-friendly model railway exhibition takes place at Mosslands School in Wallasey Village. The venue has proved very popular and you can again enjoy hot and cold refreshments & free vintage bus rides. We have model railway layouts, model railway traders, demonstrators and railway-related Society stands - the Merseyside 2014 Model Railway Exhibition will have plenty happening for the family and enthusiast alike. Parking is free and there is full disabled access.

Tickets Adults £5, concessions £4, children 6 - 15 £2, 0-5 yrs free.

2nd - 12pm - 4pm - Leasowe Lighthouse open day

5th - Wirral Council fireworks displays will take place. The fireworks start at 6.30 at the venues listed below. Admission is free.

Lingham Park, Upton - Fireworks only
Upton Park, Moreton - Fireworks only
Woodchurch Leisure Centre - Fireworks only
Birkenhead Park - Fireworks only
Central Park, Wallasey - Fireworks only
Mersey Park, Tranmere - Fireworks only
Mayer Park, Bebington - Fireworks only
Leasowe Adventure Playground - Fireworks & bonfire

6th to 30th - International Guitar Festival of Great Britain. Wirral prepares for a great month of music that will, once again, show the versatility and range of the guitar throughout the history of every genre of music.

Acts include:

Joan Armatrading 7th Nov

China Crisis 14th Nov

Liverpool Mozart Orchestra 15th Nov

Go West 16th Nov

Paul Carrick 18th Nov

Andy Fairweather Low 21st Nov

Woody Mann 21st Nov

Get ready to join us in November for an uplifting, exciting musical journey! For full details visit : www.bestguitarfest.com

6th - 2pm - Wirral Archives FREE Workshop - A POLICEMAN'S LOT - Lecture by Bill Johnstone at Cheshire Lines Building, Birkenhead, CH41 1ND - call to book a place 0151-606-2922

7th - Knockaloe Hall, Bromborough - Bonfire night party

8th - Wirral Farmers Market - New Ferry Community Hall, New Ferry.

8th - Gladstone Theatre Trust presents - Colwyn Male Voice Choir in Concert - Tickets 8.00 concessions £7.00 Call 0151-643-8757 to book

18th to 22nd - The Little Theatre, Birkenhead - IT RUNS IN THE FAMILY by Ray Cooney - call 0151-647-6593

19th to 22nd - Gladstone Theatre, Port Sunlight - Bebington Dramatic Society presents THE WINSLOW BOY - All tickets £8.00 - call 0151-643-8757 to book

22nd - West Kirby Farmers Market - St Andrews Church Hall, West Kirby.

27th - Freemasonry in Port Sunlight - At Lady Lever Art Gallery - Lecture by Gavin Hunter, Leverhulme Family Historian. This lavishly illustrated lecture will tell the story of the Port Sunlight Lodges, their meetings at the Lady Lever Art Gallery and elsewhere in the village. FREE entry, booking essential, limited seating - Call 0151 644 6466

28th - Gladstone Theatre, Port Sunlight - John Keith presents - THE BILL SHANKLY STORY Tickets £16.00 concessions £13.00. Call - 0151-643-8757 to book

29th - 30th - Williamson Art Gallery - Oxtou Art Fair - A selection of the very best local artists and craftspeople, an opportunity to speak directly to them and buy your Christmas presents.

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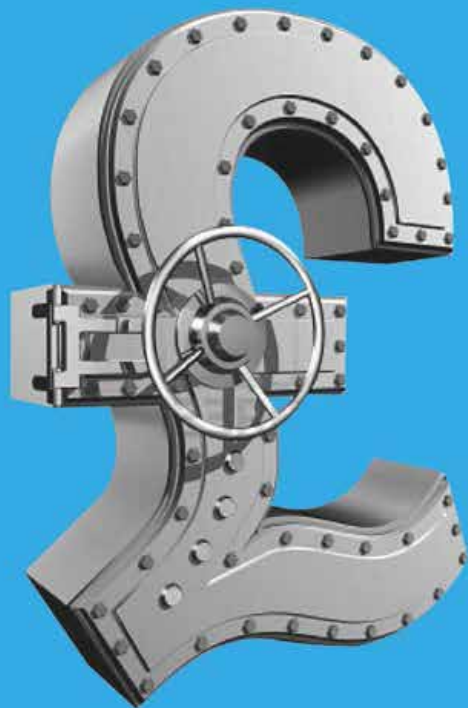
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Tax refund email

Question

I've received an email from HMRC saying that I'm due a tax refund. What should I do with it?

Answer

Firstly, HM Revenue & Customs (HMRC) would never send notifications of a tax rebate by email, or ask you to disclose personal or payment information by email.

So this email already sounds suspicious!

Also, look at the sender's email address. Fraudsters often have email accounts with HMRC or revenue names in them (such as 'refunds@hmrc.org.uk'). These email addresses are used to mislead you. However be aware, fraudsters can falsify (spoof) the 'from' address to look like a legitimate HMRC address (for example '@hmrc.gov.uk'), so the email address isn't conclusive.

But the safest way of dealing with this is not to open it or click on any attachment or links, and send it to phishing@hmrc.gsi.gov.uk.

HMRC should reply to confirm whether it is a scam email or not.

High Income Child Benefit Charge Letter

Question

I have recently received a letter from HMRC saying that I have not disclosed my High Income Child Benefit Charge on my tax return. What should I do?

Answer

HMRC have recently been sending individuals letters, stating that they believe the High Income Child Benefit Charge has not been declared on their 2012/13 tax returns.

In the event you receive a communication from HMRC that you believe to be incorrect, don't ignore it. You should contact HMRC for clarification or ask your accountant to do this on your behalf.

It is worth highlighting that many individuals have received these letters in error though. Supposedly, HMRC's records have ignored if:

- no child benefit was actually received in 2012/13
- the highest earner has already paid the HICBC
- the taxpayer's 'adjusted net income' is less than £50,000. Actual income can be reduced for trading losses, gift aid donations and pension contributions to arrive at 'adjusted net income'.

Contact your local TaxAssist Accountant if you'd like them review the letter against your affairs or if you'd like them to liaise with HMRC on your behalf.

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Scope West Kirby Shop Opening

Scope have opened a new charity shop in the heart of West Kirby directly opposite the train station. Esther McVey MP cut the ribbon on opening day and toured the new shop which sells a wide range of quality ladies', men's and children's clothes, shoes and accessories, bric-a-brac, toys, books, DVDs, CDs, cards and gifts. The Deputy Mayor of Wirral Councillor Les Rowlands also paid an official visit to the shop and talked to Manager Chris Hough and Assistant Manager Matthew Rimmer about the work Scope does in supporting disabled people and their families.

"We are delighted by the welcome the people of West Kirby have given us and are very grateful to them for supporting Scope" said Manager Chris Hough. "We are looking for volunteers to join our team and are always happy to accept donations of items you no longer need." Scope exists to make this country a place where disabled people have the same opportunities as everyone else and shopping at the West Kirby store is one way in which you can support the charity.

Chris Hough (Manager) and Esther McVey MP



Contact:

Matthew Rimmer (Assistant Manager)

Scope West Kirby,

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 [facebook.com/ScopeWestKirbyShop](https://www.facebook.com/ScopeWestKirbyShop)

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Willaston & South Wirral Rotary have been busy this last month.



At their September business meeting, Club members welcomed District Governor Les Wilson who acknowledged the Past Presidents' work, saw members presented with their new polo shirts and then joined in the lively debate on future events.

Club members hosted the table tennis at the 14th Disabled "Fun" Games, a very enjoyable and rewarding event organised and hosted by many Rotary Clubs which attracted 300 competitors from the North West and North Wales. The Games, at the Field of Dreams leisure facility of Bank of America in Chester, provided an opportunity for ordinary disabled people to try out various sports.

At the end of September, the Village enjoyed the "Over By Christmas" performances at Hadlow Road Station which attracted an estimated 500 residents and visitors from far and wide - even Canada apparently! An historically themed ploughman's lunch was arranged by the Willaston Festival Committee with the Club's members assisting in the catering and also marshalling traffic to the free car parking for the event, courtesy of Willaston Grange.

The Club is now finalising plans for their Christmas events and is hoping for some real community participation for the festive season.

Why not come and join us at our meetings, find out about our plans and events, and "test the water".

Contact Irene on 0151 353 1568 or Colin on 07779 099340 or email colin.rcws@gmail.com. Our next meetings at 7.30 pm at The Nags Head, Hooton Road, Willaston are on November 12th and 26th.





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Home Updates That Go Back In Time



Revive the charm of mid-century modern design.

Mid-century modern inspiration draws from the 1940s through the 1960s, a twenty-year span when design was sleek, elegant and functional. Although the style originated more than 70 years ago, this trend has resurfaced with a fresh revival.

Retro colours and simplistic styles are just the beginning when it comes to transforming a home into a sophisticated, mid-century modern residence. Here are some easy, yet impactful upgrades you can do at home:

Unexpected Inspiration

Sleek lines and geometric shapes are hallmarks of the mid-century movement. These form the foundation for the newest Brizo bath collection which leverages a number of influences including a 1950s airliner and automobile tail fins, making it a perfect staple for starting an interior design bathroom transformation.

"It's obvious the inspiration for the Sotria collection stems from the sleek, streamlined aesthetic of an airplane, but it's about something bigger than that, too," says Celine Garland, industrial designer for Brizo products. "The collection was inspired by the optimism of mid-century America. We took the spirit of the 1950s and reimagined it in a way that's both a nod to the past and a celebration of the present."

This signature piece takes modernization to the next level with the option of a closed or channel spout, creating a multi-sensory experience which offers an elegant, beautiful water flow.

Simplistic Furniture

Furniture from this era is characterized by clean, straight lines which play up the natural beauty of the design. Pieces that are stripped down to a simple form often speak louder than those with excess detailing. Simplistic kitchen chairs or cabinets with wood detailing in the living room are perfect ways to play up this modern design theme in your home.

Looking for one piece of iconic furniture to make a statement? Find an impressive Eames lounge chair featuring a wood and leather combination to act as the focal point for a sitting room or bedroom.

Vibrant Texture

Mid-century modern design showcases quality pieces of furniture or accessories rather than décor on the walls. White or neutral colour palettes are typical on the walls, but your space comes to life with accessories, bright colours, various patterns and textures.

Opt for lamps with curved bases paired with narrow lampshades, accent pillows that tout bright orange and geometric shapes, or retro art to add mid-century modern personality throughout the home.

Whether the dining room features a gold bar cart stacked with your favourite beverages or the kitchen shines with a unique, vintage light fixture - blending designs from the past into a modern home will result in a personalized, sophisticated style that is sure to satisfy your design cravings and impress guests for years to come. For more ideas on updating your home, visit

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Photo courtesy of
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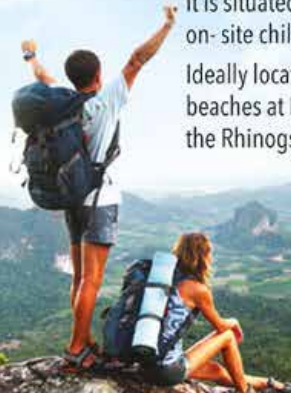
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35

As many busy women know, a daily beauty regimen requires effort and time, but it also has a significant payoff. Keeping your outward appearance healthy and youthful inspires confidence - a glow everyone around you can see.

With convenience and ease in mind, here are a few tips that will keep you looking beautiful this season, without all the fuss or having to break the bank:

A GUIDE FOR LOOKING YOUR BEST

Beauty Basics

Glowing, Vibrant Skin

Poor diet, sun exposure and smoking are just a few of the factors that can lead to the fine lines and wrinkles many women work hard to prevent. While everyone would love a quick fix to erase years of skin abuse, there are some tricks to slow down the process.

Covering your skin from the sun's harmful rays and keeping its damaging ultraviolet rays at bay helps ward off premature aging and helps to preserve the skin. Whether it's cloudy or sunny, your best defense is to apply sun screen that contains an SPF of 30 or higher. You can further decrease your exposure by use of wide brim hats, baseball caps and other skin-covering clothing. Invest in a quality night cream that works deeply to restore the skin's appearance as you sleep. Some products offer multiple benefits that firm, improve elasticity and reduce the appearance of wrinkles.

The Perfect Pout

Like any other part of your skin, lips can become dry and flaky, particularly when exposed to harsh Winter weather conditions or extreme settings. Give them proper nourishment and care to keep them smooth, supple and free of cracks and irritation. To exfoliate rough patches and remove dead skin, use natural ingredients right from your kitchen. Simply place a small dab of honey and sugar on your lips and gently rub them together. This procedure is best before bed time and followed with a thick coating of lip balm. This will penetrate and renew as you sleep and you'll wake up to plump, smooth and beautiful lips. To maintain lip moisture, invest in a quality lip balm, especially those that pull double-duty and also offer sun protection.



Hot New Trends in Beauty

Beauty trendsetters are forecasting an increase in bold, expressive looks — especially around the eyes. Give your beauty a boost with these fashion-forward beauty ideas:



■ Go Ahead and Glow

This season, the best skin coverage products provide a natural, fresh glow. To give your skin a gentle, sun-kissed vibe, try Rimmel Natural Bronzer, which uses natural minerals for a tanned look any time of the year. Make sure your beauty bag is stocked with the essentials needed for proper application, like the Studio 35 Mineral Makeup Brush Set, to help you apply like a pro.

■ An Orange Pout

Give your lips a citrusy glow with the many shades of orange that are sweeping the runways.

To add the juicy allure of orange to your lips, try Revlon Colorburst Balm Stain in Rendezvous or Matte Lip Balm in Audacious.



■ Lashes Make a Big Statement

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All Saints Church

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Thornton Hough CH63 1JP
Friday 10:00am

St Chads

Roslin Road, Irby,
Wirral CH61 3UH
Wednesday 7:00pm

Methodist Church

Park Street,
Neston CH64 3RP
Tuesday 6:30pm

St Stephens Church Hall

11 Prenton Lane,
Prenton CH42 8LA

Tuesday 9:30am
Saturday 10:00am

United Reformed Church

Prenton Road West,
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Wednesday 6:30pm

Community Centre

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Greasby CH49 3AT
Thursday 6:30pm

Civic Centre

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Bebington CH63 7RX
Monday 6:00pm
Tuesday 9:30am, 10:45am,
5:00pm, 6:30pm
Saturday 9:30am, 10:45am

St Josephs Church

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Upton CH49 6LJ
Tuesday 6:15pm

St. Saviours Parish Centre

Bidston Road, Oxtou,
Wirral CH43 2JZ
Wednesday 10:00am

St Josephs Centre

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Tuesday 7:30pm

The Friends Meeting House

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Birkenhead CH43 4UU
Tuesday 5:15pm
Thursday 10:00am

Birkenhead Sixth

Form College
Park Road West,
Birkenhead CH43 8SQ
Wednesday 6:00pm

Bromborough Civic centre

Allport Lane,
Bromborough CH62 7HR
Wednesday 10:00am

Heygarth Primary School

Heygarth Road,
Eastham,
Wirral CH62 8AG
Tuesday 5:30pm

Westbourne Hall

Westbourne Road,
West Kirby CH48 4DQ
Tuesday 7:00pm

Moreton Community Centre

Maryland Lane,
Moreton CH46 7TS
Saturday 10:00am

Methodist Church

Pasture Road,
Moreton CH46 7TQ
Wednesday 4:00pm, 5:30pm
Thursday 9:30am

Youth & Community Centre

Hoyle Road,
Hoylelake CH47 3AG
Tuesday 7:00pm

Mosslands School

(6th Form Centre)
Mosslands Drive,
Wallasey Village CH45 8PJ
Thursday 6:15pm

Grosvenor Annexe

Grosvenor Street,
Liscard CH44 1AQ
Saturday 10:00am

New Brighton Cricket Club

Mortuary Road,
Liscard CH45 5DE
Wednesday 9:30am, 6:00pm

British Legion

Chester Road,
Little Sutton CH66 3RJ
Thursday 6:00pm

Flatt Lane Community Centre

Flatt Lane, Ellesmere Port,
Wirral CH65 8DP
Wednesday 10:00am, 5:30pm

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HAND THIS VOUCHER IN AT YOUR MEETING



Photo courtesy of Getty Images

TIPS FOR

FAMILY FEATURES

HASSLE-FREE HOLIDAY SHOPPING

Take the stress out of your holiday shopping this season!

Planning ahead and taking steps to protect yourself and your purchases can relieve a lot of shopping-induced stress, according to Jeff Unterreiner, a senior vice president with Assurant Solutions.

"While it's easy to get overwhelmed by holiday shopping, the good news is that it only takes a few basic steps to make the process easier and your peace of mind," said Unterreiner.

Unterreiner offered these tips to help ensure your shopping this Christmas season is hassle-free, visit consumerview.assurantsolutions.com :

Budget planning

The easiest way to overspend is to approach your shopping without a budget. Determine ahead of time what you can afford to spend overall, and make sure the gifts on your list fit within your means.

A smart strategy: leave yourself a little padding to accommodate potential budget-busting treasures you discover along the way.

Shop early

Start your shopping well ahead of Christmas to spare yourself the headache of unending lines and sold out shelves. Doing so can also help you save money. Starting earlier will give you more time to look for sales and promotions. When it comes to larger purchases, be sure you know the return policy and keep an eye on sales even after you buy. If the item is offered for a lower price within a certain time-frame, you may be able to get the difference refunded.

Reward programs

Take advantage of the many reward cards and incentive programs that let you earn cash back, goods and discounts. The holiday season is a great time to sign up, as many retailers offer bonus programs and extra perks for shoppers. In some cases those rewards can be used immediately to trim your shopping budget or find something nice for yourself as a reward for being a savvy shopper.

Protect purchases

Many of the most-wanted gifts this season, like electronics and jewellery, are also the easiest to break or lose. Ensure your gifts keep giving long into the future by protecting your purchases with extended service plans, such as those offered by Assurant Solutions. These plans offer a range of protection from things like mechanical breakdown, accidental damage, loss and theft, as well as services such as tech support. And this protection can last long after the manufacturer's warranty expires.

3 P's of Smart Shopping PLAN

A smart shopping plan begins with a budget. Decide what you're willing to spend on all holiday-related items, including travel, decorations and holiday meals. A budget will keep you disciplined and ensure you have enough money to pay your bills come January.

PURCHASE

Focus your gift giving on what the person will like the most, not on the amount you think you should spend on that person. The best gift might not be the most expensive one; it's truly the thought that counts.

PROTECT

The most wanted gifts this season — electronics and jewellery — also are the most vulnerable to breakage and theft. Including an extended protection plan will ensure your gift keeps on giving for a long time to come. You can buy one at the checkout or from a third party like Assurant Solutions, which offers plans on Amazon.com.

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Gingersnap Prune Cheesecake Bites

Servings: 12

1 1/4 cups 2 percent plain Greek yogurt

1 egg

2 tablespoons coconut sugar

Cooking spray

12 small gingersnap cookies

1/2 cup Plum Amazins

2 tablespoons minced candied ginger

Preheat oven to 325°F. Combine yogurt, egg and coconut sugar in medium bowl and stir by hand until smooth. Mist mini-muffin tin with cooking spray. Place gingersnap cookie at base of each mini-muffin mold. **Note:** If cookie is too large, use fine cheese grater or knife and trim to fit. Fill each muffin tin to top with yogurt mixture. Bake for 35 minutes. Remove from oven and let cool for 10 minutes. Refrigerate for at least 30 minutes to set. Stir together Plum Amazins and ginger. Top each mini-cheesecake with Plum Amazins mixture.

Balsamic Prune & Goat Cheese Bruschetta

Servings: 12

1/2 cup balsamic vinegar

1 cup thinly sliced red onion

12 Sunsweet prunes, quartered

12 slices (1/4-inch each) sourdough baguette, toasted

3 ounces soft goat cheese

1 cup arugula (about 36 leaves)

2 tablespoons chopped walnuts

Simmer vinegar and onion about 8 minutes, until onion is tender. Add in prunes until warm, about 3 minutes. Top each baguette slice with 1/4 ounce goat cheese, 3 arugula leaves, 1 tablespoon prune mixture and 1/2 teaspoon walnuts.



Inspired HOLIDAY TREATS

FAMILY FEATURES

Cookies, cakes and pies are the typical treats associated with the holidays, but there are other ways to celebrate the sweetness of the season. Flavourful appetizers, beverages and snacks can also carry those richly sweet tastes you crave.

Healthier holiday tips

To help you enjoy all the sweet dishes of the season, Blatner created the following recipes which feature one of her favorite ingredients - prunes. This versatile ingredient can sweeten up dessert, provide balance to a savory appetizer and add body to a slimmed-down version of hot chocolate, while providing fiber and other nutrients.

■ Small, satisfying bites.

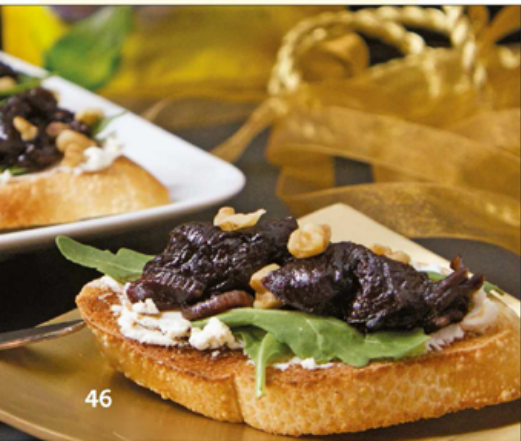
Keep portion control in mind and remember that giving into cravings in a small way can minimize the chance of over-indulging later. For a skinny take on a popular holiday dessert, top simple bite-size cheesecake with juicy prunes and tangy ginger. The use of Greek yogurt instead of cream cheese keeps calories down but protein up, and Sunsweet's Plum Amazins top it off for a sweet fruit flavor. In fact, using 1 1/4 cups 2 percent plain Greek yogurt instead of the same amount of regular cream cheese saves more than 700 calories while adding 12 grams of protein per recipe.

■ Sweet starters.

Finding the perfect holiday appetizer that is both delicious and healthy is not always easy. Substitute fruit in dishes where veggies are more expected, such as a decadent bruschetta. Dress up toasted baguettes with balsamic-prune relish and goat cheese for a taste that is nothing but a sweet reward, and delight your fellow party-goers with a tasty appetizer they can also feel good about.

■ Delightful drinks.

Remember that beverages can pack a big calorie punch, especially with specialty flavors and syrups added in. Ward off the chill in the air with a sweet, new and reduced fat version of hot chocolate. Adding prunes and prune juice is a surprising way to reduce fat and still enjoy the rich and creamy flavor of this classic drink. The prunes act as a fat mimic, providing body and thickness while complementing the chocolate taste. Typical hot chocolate recipes using whole milk can have more than 5 grams of fat per serving, whereas this lightened up version has only 3 grams of fat per serving if made with 2 percent milk.



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GROW YOUR GARDEN'S VALUE



When most of us want to sell our home we focus on what we can do inside it, but the difference you make on the outside can prove extremely profitable. A well-kept garden can be a growing investment for your property, boosting its value by up to 10 per cent, according to garden maintenance firm Nicenstripy.

Demand for outdoor space has never been greater and, with a little maintenance, your garden could even be the determining factor in a sale.

By following these few simple tips your garden could soon become the crowning glory of your property.

1. Keep it tidy

Whether you've got 10 square feet or half an acre, nothing screams "dump" like an untidy garden. Don't be fooled into thinking you will be able to impress prospective buyers with your "nature reserve" when things have grown wild. Keep on top of the mowing and trimming and this will also make your garden look bigger.

2. Revamp

Garden gnomes and other ornamental garden figures are a big no-no. What may look whimsical and cute to you will definitely look outdated and rather strange to others. Above all, apply the minimalist rule to your garden revamp and you won't go far wrong. Ask for advice on the latest plants and flowers at your local garden centre to drag your garden into the 21st century.

3. Garden furniture

If you have a reasonable sized garden, a few carefully chosen items of garden furniture would not go amiss and might help buyers to imagine how they would enjoy the place. A strategically placed sun lounger or garden table can add a lived-in feel that will appeal to potential buyers.

4. Avoid fussy features

Ponds, statues and elaborate water features might sound nice but are generally hard work to maintain and can look tacky. Abide by the rule, "if in doubt, don't" and avoid any embarrassing green-fingered faux pas.

5. Practically perfect

Think practically. Try to tailor your garden to suit the type of people it's aimed at. For family appeal create a garden with plenty of lawn space for children to play on. If your property is aimed at single people living on their own, try to create a low-maintenance garden.

6. De-clutter

No one likes seeing a load of kids' or pets' toys spread all over the lawn. Build a shed or find somewhere to hide clutter. If you don't have a lot of space, then you can buy cheap garden storage units from DIY stores.

7. Eco-friendly

With such a huge focus on green living at the moment, your garden is the first place you can do this. You can recycle virtually everything in your garden. Set up a compost heap and impress potential buyers with how clued up you are on green issues.

8. Make it low maintenance

Unless you are a very keen gardener, you won't want to spend hours on your garden every day. When planning and building your garden, deliberately make it low maintenance. Choose plants that only need attention now and again, and features that only need annual servicing.

9. Pretty borders

One of the fastest ways to tidy up a border is with some colourful plants and shrubs, but don't be fooled into buying lots of different varieties as this will only make your garden look disorderly and chaotic. Pansies, hydrangeas, peonies and chrysanthemums all make great border plants.

10. Go professional

If gardening isn't your thing then just hire a professional. There are many garden mowing firms that will visit your home regularly, or local gardeners who will be happy to do the work for you. Think of it as an investment in the future value of your home.

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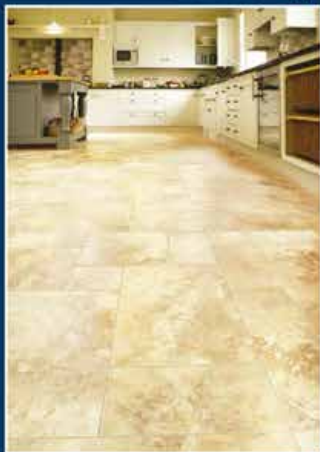
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COMMUNITY NEWS

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West Kirby Methodist Church Christmas Festival and Fair

The Christmas Tree Festival and Fair at West Kirby Methodist Church takes place on 29th November with 'Christmas Carols' as its theme.

Individual trees will be on display in the Church, each decorated according to different, well-known Christmas Carols. The decorating will be done by local schools, nurseries church uniformed organisations and Church groups including the Mums & Toddlers group and Little Angels. Next to each tree will

be information about the carol's author, how it came to be written and the different ways in which it has been used and sung over the years. The featured Christmas carols will be played in the Church during the Festival, along with many other seasonal pieces.

The Fair will be held in the Church Hall 10:30am - 2pm with a variety of stalls including charity Christmas cards, toys, books, games and cakes. There will be a variety of craft activities for children to take part in on the day. Coffee and mince pies will be served during the morning, with soup and bread available at lunchtime.

The Festival and Fair marks the start of Advent in the Church and the trees will remain on display for the Advent

and Christmas services including a Christingle service at 5pm on Sunday 21st December, the Christmas Eve Communion Service which starts at 11.15pm and the Family Service on Christmas Day at 10.30am.

West Kirby Methodist Church is on Westbourne Road in West Kirby. Further details about the church and its current activities are available on the church website, www.westkirbymethodist.org or by calling Graham on **07802 462 682**



WIRRAL FIRMS SCOOP PRESTIGIOUS ENERGY EFFICIENCY AWARD FOR NATIONAL TRUST PROJECT

Two Wirral companies have won a prestigious national energy efficiency award for their work on the UK's largest ever marine source heat pump.

The 300kW pump at the National Trust's Plas Newydd mansion in Anglesey utilises the tidal currents of the Menai Strait to provide all the power needed to heat the property.

The marine source heat pump was manufactured by renewable energy manufacturer Stiebel Eltron UK and installed by Kimpton Energy Services, both of whom are headquartered in Bromborough.

Plas Newydd, built in the 18th Century, was formerly the National Trust's biggest oil consumer - using up to 138,000 litres of oil annually at a cost of around £70,000.

In May, the Trust unveiled the ground-breaking project, the first of five schemes to be completed in a £3.5million pilot phase of its Renewable Energy Investment.

It has now been named Commercial Project of the Year in the Energy Efficiency and Renewables Awards at London's Kensington

Roof Gardens.

The Plas Newydd marine source heat pump pumps a small amount of sea water from the Menai Strait through a network of pipes to and from a heat exchanger on the shore, and then up 30 metres of cliff face to the mansion's boiler house.

Mark McManus, Managing Director of Stiebel Eltron UK, said: "We are absolutely delighted that Plas Newydd has been recognised for the commissioning of this ground-breaking project.

"The installation of the pump is transforming energy usage at Plas Newydd, dramatically improving its CO2 performance and saving tens of thousands of pounds a year that were previously being spent on oil.

"It has been a hugely rewarding project for everyone concerned and the biggest project Stiebel Eltron has been involved with in the UK."

Richard Kimpton, Managing Director of Kimpton Energy Services, said: "Plas Newydd was a complex and challenging project which involved us working around the tides in order to move equipment and carry out the installation.

"The design phase of the project was incredibly demanding and had to ensure that our calculations met the criteria of the

Government's Renewable Heat Incentive (RHI) which stipulates specific performance requirements."

"The Plas Newydd installation was an extremely innovative project involving a team of more than 40 people and it is fantastic that it has now been recognised in these important national awards."

The installation of the marine source heat pump at Plas Newydd forms part of the National Trust's Grow Your Own Energy programme which includes targets of reducing energy usage by 20 per cent and meeting half of its energy requirements through renewable energy.

The project saw a number of firsts - the first marine source heat pump of its type in the UK, the biggest at 300kW and the first in open sea rather than a harbour.

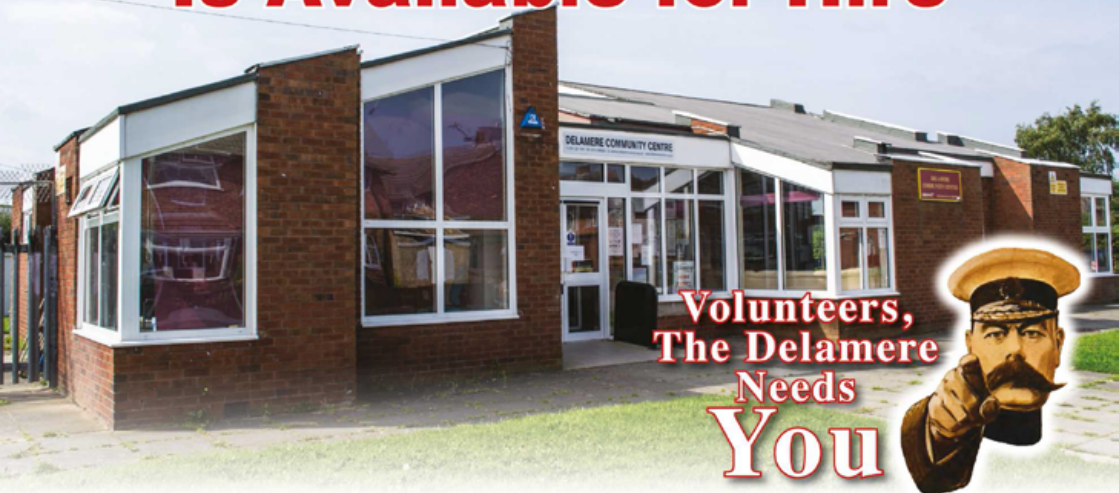
Adam Ellis-Jones, Assistant Director for Operations in Wales for the National Trust, said: "With the Irish Sea right on the doorstep of Plas Newydd, a marine source heat pump was the best option for us.

Other key partners in the project have included SEACAMS, led by the School of Ocean Sciences at Bangor University, and 100 per cent renewable electricity supplier Good Energy which launched the Renewable Energy Investment Programme with the National Trust last year.

Delamere Community Centre

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Delamere Community Centre is a modern purpose built centre providing services and activities for residents of South Wirral and the surrounding area. The centre has been transferred from Wirral Borough Council to the community of Eastham. A not-for-profit company has been created Eastham Community Centre Ltd and has three local residents as its Directors. They are unpaid and are continually promoting the centre to be used by local residents and business. The management Team is driven by the needs of Eastham residents.

The centre has secured funding to train local volunteers to become involved in running the centre with a number of training course opportunities available such as First Aid, Food Hygiene and Mentoring. If you've recently been made redundant or just looking for a career change here is a great opportunity to improve your CV. Employers are more likely to employ someone who has volunteered. For more information contact Phil on **0151 327 8767**

We would welcome any local resident or local business person to become a Director and work alongside the management team doing what is best for Eastham residents.

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If you would like to discuss the availability of the centre for the delivery of activities or projects in the South Wirral area please contact us to discuss your requirements.

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Christmas at Clatterbridge

Let's face it: nobody wants to be stuck in hospital at Christmas.

That's why the volunteers at Radio Clatterbridge will be doing that little bit more to make life better for anyone in the health park over the festive period... and maybe you could help too!

The hospital community radio station is a Wirral charity which has been broadcasting exclusively to patients, visitors and staff since 1951.

This year, a raft of special programmes will entertain and inform listeners right across Christmas and New Year.

Radio Clatterbridge will be looking back at 2014 in style.

Listeners will get the chance to hear some of the programme highlights from the last twelve months – including interviews with 80s legends Nik Kershaw and Tom O'Connor, coverage of the first Wirral Tribute Egg Run and even a chat with the Mayor of Wirral about his year in office.



Steve Lord meets Tom O'Connor

They will also be able to catch up with a number of local singers, including Sam McDermott and Stefan Livesey, and a plethora of fundraisers achieving all sorts of feats in the name of various Clatterbridge-based charities.

Chairman Steve Lord said: "Radio Clatterbridge is about so much more than just music. Our presenters really go out of their way to find stories and guests which really are of interest to everyone at the health park."



Request collector Gel Derby meets staff from Claire House

Last year, the station's volunteers collected hundreds of requests for and from a wide variety of people in the health park.

Presenter and Programme Controller, Paul Johnston, said: "The Request Chart is always one of our favourite programmes on the station because it shows what wide tastes our listeners have."

"The most popular tune in 2013 was the Gerry and the Pacemakers hit and Liverpool FC anthem, You'll Never Walk Alone. But you'll also find the likes of Adele next to a tune from Pavarotti!"

Radio Clatterbridge is looking for more help to continue collecting requests during 2015.

For more details, visit radioclatterbridge.co.uk



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MOTIVATION



We've all been there, you start exercising and eating right but after a few days or weeks you've stopped and are back to how you were before if not worse. So how do you use that early enthusiasm to ensure you follow on to hit some targets?

Here Zara Wylie, Fitness Instructor at Fitness Queen give readers some tips on how you can stay motivated to keep working out and eat right.

Put time in the diary to exercise.

We all have busy lives, especially if you have a family which can mean that there is always an excuse not to exercise or eat right. Regular exercise and a healthy diet can give you more energy, boost your mood and help reduce stress. Plan time for yourself to exercise and the whole family will benefit from you having some 'me time' as you will be setting a good example and should feel better about yourself. This means that you are less likely to feel guilty for taking time out and planning time in ensures you are more likely to stick to it.

Plan your meals in advance

Before you do your shopping plan your meals for the week and make a list of things you need to buy. This has two benefits, the first is that you are more likely to only buy what is on the list and not go to pay only to find that half the confectionary aisle is in your trolley. The second is if you plan your meals you are less likely to get home after a long day and reach for an unhealthy easy option or worse skip them altogether. Skipping meals makes your body crave sugar and you suddenly find yourself reaching for those 'treats for the kids'.

Set yourself an achievable goal

Setting a goal means that you have something to work towards. Your goal can be anything you want, to reach a particular weight, to drop a dress size or run a race. Having a goal means that you can monitor your progress and stay on track. The key to goal setting is that it needs to be achievable so you can feel proud and elated when you reach it and not get disheartened on the journey.

Workout as part of a group

It's a proven fact that we all work better in groups. Exercising in a group spurs you on when you may feel like giving up and brings out our natural competitive edge. Plus doing things together can be a great motivation and has a sociable side so it no longer seems like hard work. Do you often lack motivation and want to change? Fitness Queen is the fastest growing women only bootcamp in Merseyside. We offer a fantastic 8 week nutritional and exercise plan with workouts that are designed to get your body burning calories for up to 48 hours and our nutrition plan helps you to shed fat fast with no counting calories or living of shakes.

Our Queen of the Month is Michele from the Arrows Park classes who has lost 11lb in her first 21 days and is well on track to get amazing results by week 8!! Well Done Michele!!

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Right: 1897. The little girl is standing in front of the **Irby Mill** which had ceased operating in 1875. This had been the second mill in the immediate area, built between 1709 and 1725, with the first mill dating back to at least 1291 and erected on the other side of Hill Bark Road. Millers cottage can be seen in the background.



Left: 1897. These victorian families are promenading on **The Parade at Parkgate**, with some of them walking along the slightly raised wall - just as families do today. The building on the left is **The Moorings**, which is still there today and is one of only two houses on **The Parade** which has a gable end fronting the river.

Below: 1906. Over 100 years ago this was a popular café for cyclists, being on a main junction for roads from **Chester to Heswall** and **Birkenhead to Wales** (to the right). There were no give-way signs then due to the lack of traffic. Today it is known as 'Two Mills' or 'Welsh crossroads'. The cast iron mile post on the right was erected in 1896. The telegraph poles, which disappear into the distance must have been 30 - 40ft high.



Above: 1889. Children playing a game are probably from **Parkgate Infants School** which was behind **St. Thomas's Church** in the square. They are seen in front of the **Union Hotel** later to be renamed the 'Ship Inn'.





Left 1892. Looking down Dee View Road **Heswall** the people are standing by the entrance to the Dee View Inn. In 1974 the beer retailer was Joseph Ellis who was also listed as a smallware dealer. It was taken over by Birkenhead Brewery. The building beyond was once a branch Mackie and Gladstone and the site now forms part of the car park.

Right 1902. The horse and cart is proceeding over the stone bridge at **Saughall Massie**. This bridge was the first to be built by Thomas Brassey in 1829, who was born in the Wirral village of **Burton** - the bridge has a blue badge with all the relevant details to commemorate the fact.



Left 1898. **Irby Hill Farm** in **Irby Hill Road Irby** had their own water supply, as the girl is seen pumping water - others had to go to the nearest well which was in **Frankby**. These farm buildings were converted into houses.

Below 1894. Looking down **Neston High Street** from **The Cross** where the drinking fountain can be seen which was erected in 1882 at the expense of **Christopher Bushell**.



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COMMUNITY NEWS

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THREE QUEENS, ONE MAGNIFICENT CITY MASTERS MAKE PLANS FOR CUNARD'S 175TH ANNIVERSARY SPECTACULAR IN LIVERPOOL.



Commodore Christopher Rynd (third from right) and Liverpool Pilots Chairman, Chris Booker (fourth from right) are joined by (from left to right): Peter Murney, Mr Bob Swift and Angie Redhead from Cruise Liverpool and Gill Haynes (Head of Public Relations, Cunard Line) and Andrew Hall (Marine and Nautical Manager, Carnival UK).

Plans to stage the world's most spectacular gathering of Cunard's Three Queens ever seen are well underway in Liverpool.

The meeting of the fleet will take place in May 2015 on the River Mersey in the City that is Cunard's spiritual home.

Queen Mary 2, the 150,000 ton flagship of the fleet, will be joined by her sisters **Queen Victoria** and **Queen Elizabeth** to stage a stunning salute to the City as part of Cunard's 175th anniversary.

Liverpool's UNESCO World heritage Site waterfront, which includes the Cunard Building, will provide a unique backdrop for the "Three Queens, One Magnificent City" spectacular which organisers expect up to 1 million spectators to attend.

Preparing to accommodate the three Queens requires meticulous and detailed planning. As well as being the biggest ships ever built for Cunard, the fleet includes the largest passenger ship ever to sail the Mersey as well as two sister ships which each top 90,000 tons.

The complex marine operations plan is being prepared by a team including Commodore of the Cunard fleet Christopher Rynd; Captain Steve Gallimore, the Port of Liverpool Harbour Master; and Mr Chris Booker, Chairman of Liverpool Pilots Limited and the Events River Pilot.

A series of carefully choreographed ship movements will take place in various parts of the Mersey from Crosby and New Brighton to points off Albert Dock and Woodside. The Liverpool Pilots are utilising their sophisticated ship simulator to assist in planning the manoeuvres.

Commodore Rynd said: "With the unique backdrop of Liverpool's world-famous waterfront, and the capacity on both sides of the Mersey to accommodate tens of thousands of spectators, I believe this will be a most spectacular gathering of the Three Queens. I am excited by the prospect of bringing the Fleet to its spiritual home and I am impressed by the level of engagement and collaboration between the partners involved to make it all possible."

Cllr Wendy Simon, Liverpool City Council Cabinet Member with responsibility for Culture and Tourism, said: "The arrival of the Three Queens in the Mersey next May will be a spectacular and memorable event and one which will present Liverpool's credentials as a truly world-class cruise port destination with a unique maritime history and heritage to a global audience. The Fleet is coming!"

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ACADEMY OF PERFORMING ARTS

Over 60 children accompanied by parents and friends turned up to the launch of **The Pauline Quirke Academy of Performing Arts Wirral**. The atmosphere was electric with lots of excited faces turning up in anticipation of not knowing what the day had in store for them! The children were split into age groups and got to sample classes in PQA's core modules; comedy and drama, musical theatre and film and television, whilst the parents had the opportunity to take a peek at their children in action during classes.

Robert Lyon, Principal of PQA Wirral said "I am delighted to provide young people with such a fantastic performing arts experience, students will learn valuable skills for everyday life and not just the performing arts. I am so excited to see what the future brings and want to thank everyone for their support!"

PQA Wirral is enrolling now, classes run on Saturdays from 9.45-13.00. Find us at Birkenhead High School Academy, 86 Devonshire Place, Prenton, Merseyside, CH43 1TY. To book your free taster session call Robert on **07835771264** or visit www.pqacademy.com

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COMMUNITY NEWS

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THREE QUEENS, ONE MAGNIFICENT CITY MASTERS MAKE PLANS FOR CUNARD'S 175TH ANNIVERSARY SPECTACULAR IN LIVERPOOL.



Commodore Christopher Rynd (third from right) and Liverpool Pilots Chairman, Chris Booker (fourth from right) are joined by (from left to right): Peter Murney, Mr Bob Swift and Angie Redhead from Cruise Liverpool and Gill Haynes (Head of Public Relations, Cunard Line) and Andrew Hall (Marine and Nautical Manager, Carnival UK).

Plans to stage the world's most spectacular gathering of Cunard's Three Queens ever seen are well underway in Liverpool.

The meeting of the fleet will take place in May 2015 on the River Mersey in the City that is Cunard's spiritual home.

Queen Mary 2, the 150,000 ton flagship of the fleet, will be joined by her sisters **Queen Victoria** and **Queen Elizabeth** to stage a stunning salute to the City as part of Cunard's 175th anniversary.

Liverpool's UNESCO World heritage Site waterfront, which includes the Cunard Building, will provide a unique backdrop for the "Three Queens, One Magnificent City" spectacular which organisers expect up to 1 million spectators to attend.

Preparing to accommodate the three Queens requires meticulous and detailed planning. As well as being the biggest ships ever built for Cunard, the fleet includes the largest passenger ship ever to sail the Mersey as well as two sister ships which each top 90,000 tons.

The complex marine operations plan is being prepared by a team including Commodore of the Cunard fleet Christopher Rynd; Captain Steve Gallimore, the Port of Liverpool Harbour Master; and Mr Chris Booker, Chairman of Liverpool Pilots Limited and the Events River Pilot.

A series of carefully choreographed ship movements will take place in various parts of the Mersey from Crosby and New Brighton to points off Albert Dock and Woodside. The Liverpool Pilots are utilising their sophisticated ship simulator to assist in planning the manoeuvres.

Commodore Rynd said: "With the unique backdrop of Liverpool's world-famous waterfront, and the capacity on both sides of the Mersey to accommodate tens of thousands of spectators, I believe this will be a most spectacular gathering of the Three Queens. I am excited by the prospect of bringing the Fleet to its spiritual home and I am impressed by the level of engagement and collaboration between the partners involved to make it all possible."

Cllr Wendy Simon, Liverpool City Council Cabinet Member with responsibility for Culture and Tourism, said: "The arrival of the Three Queens in the Mersey next May will be a spectacular and memorable event and one which will present Liverpool's credentials as a truly world-class cruise port destination with a unique maritime history and heritage to a global audience. The Fleet is coming!"

THE PAULINE QUIRKE ACADEMY OPENS IN WIRRAL



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The X Factor 2015 Live Tour



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Kicking off on 13th February 2015 in Belfast, The X Factor 2015 Live Tour is a country wide arena tour which will travel to Aberdeen, Bournemouth, Birmingham, Brighton, Cardiff, Dublin, Glasgow, Leeds, Liverpool, London, Manchester, Newcastle, Nottingham and Sheffield with contestants performing classic songs and viewers' favourites from the TV series.

Attended by over three million people, **The X Factor Live Tour** has been one of the most successful annual arena tours in the UK for the past ten years. Tickets go on sale Friday 10 October @ 9am - so don't miss the opportunity to catch this year's stars live in an arena near you.

Tickets start from £19.50 - Onsale Now!

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RYAN ADAMS

FEBRUARY 2015 UK TOUR JUST ANNOUNCED

March 2015 1st

Liverpool Guild Of Students

Tickets go onsale Friday 10 October

@ 9am <http://gigst.rs/RA>.

2014 has been a banner year so far for Ryan Adams, with a critically acclaimed self-titled album entering the charts at his highest position ever, a sold out headline tour, plus an exhilarating performance at last month's iTunes festival - so news of a 2015 UK tour couldn't be coming at a better time.



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**Liverpool Empire Theatre
Monday 24th November 2014.**

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- Come Fly With Me, Under My Skin, Mr Bojangles, Lady Is A Tramp, That's Amore, Mack The Knife plus many more of your favourites.

With an abundance of class & style they take you on a trip back in time to vintage Las Vegas; hip, cool and a with their timeless soiree that still remains the hottest party around.

The BBC summed up this show in just one word - **MAGNIFICENT!**

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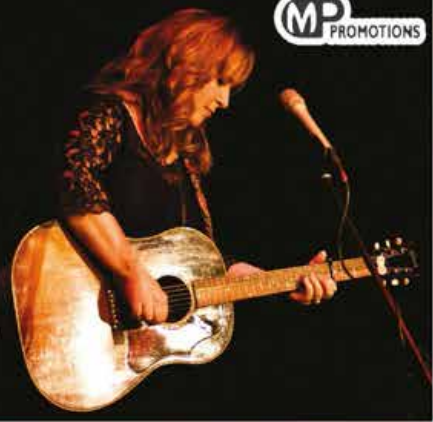
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MP PROMOTIONS



GRETCHEN PETERS announces SPRING 2015 UK TOUR DATES

Liverpool Epstein Theatre 29th March 2015.

TICKETS AVAILABLE FROM

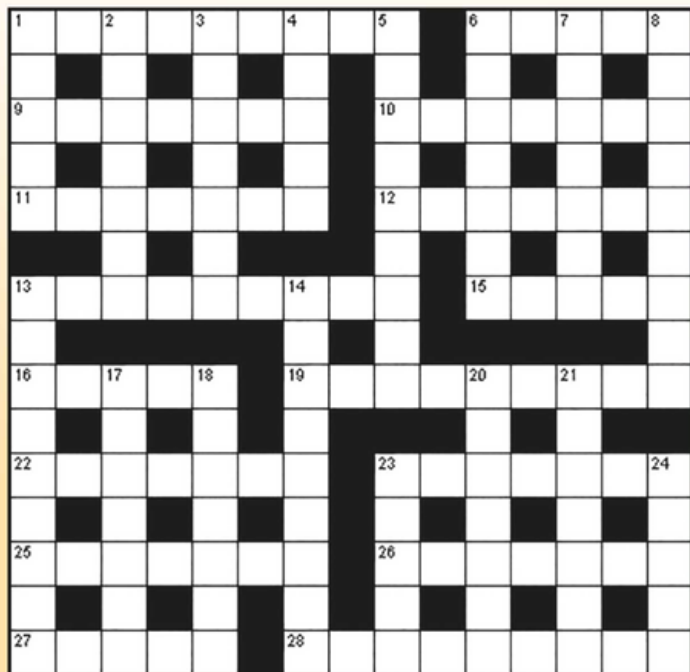
Box Office No: 0844 888 4411

Since the release of her "career album" (NPR), 2012's *Hello Cruel World*, two-time Grammy nominee Gretchen Peters has been in near-constant motion, touring for the past two years and releasing a live DVD and CD, *Woman On The Wheel*, in early 2013. Since 2012 she's appeared at the Glastonbury, Isle of Wight and Cambridge

Folk Festivals; and in addition to headlining her own sold-out tours, she's supported country and folk legends Guy Clark, Arlo Guthrie and John Prine (duetting with the latter at several shows).

Her much-anticipated new album, *Blackbirds*, is due in February 2015.

PUZZLE CORNER



Down

1. Sleeveless garments (5)
2. Ointment (7)
3. Farm vehicle (7)
4. Aquatic mammal (5)
5. Pennants (9)
6. Dry coloring material (7)
7. Cradlesong (7)
8. Persist (9)
13. Empower (9)
14. Cognizance (9)
17. Policeman (7)
18. Authentic (7)
20. University (7)
21. Not afloat (7)
23. Transparent (5)
24. Arab leader (5)

Across

- | | | |
|--------------------------------|-----------------------|----------------------|
| 1. Polite (9) | 12. Film material (7) | 23. Unit of heat (7) |
| 6. A small vascular growth (5) | 13. Substitute (9) | 25. Ramp (7) |
| 9. Ceremony (7) | 15. Culinary herb (5) | 26. Kill (7) |
| 10. Habitual (7) | 16. G-string (5) | 27. Creepy (5) |
| 11. Temporary housing (7) | 19. Partner (9) | 28. Capitulate (9) |
| | 22. Umbrage (7) | |

Sudoku Puzzle

How to play:

The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid. There is only one correct solution to each sudoku. **Good luck!** Difficulty level: **Medium.**

Puzzle Solutions can be found on our website at:

www.love-wirral.com

or simply email/write to us and we will send you the answers.

		9				2		5
							9	4
3			7			6		
	8	4		3				
		3	2	7	4			
					8		7	
			1	8	5	9		
					6	5		
6							1	



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