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MAGAZINE



JUNE 2019
Issue 88

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We are very happy with all the work and the high standard that was attained.

O'Mally - Meols

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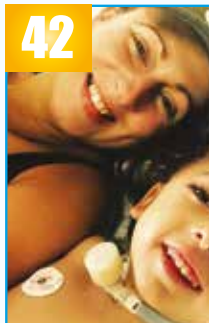
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Cover Photograph
Hadlow Station, Willaston Village



Dear Friends,

Summer is here at last! Longer days and lighter nights, lovely weather (fingers crossed), we always seem to fit much more into the day and I'm sure you will agree, people are much happier in the sunshine.

Father's Day falls on Sunday 16th June, so now is the time to plan your gift. See our advertisers to get some inspirational ideas. Take a look at our 'What's On' guide for entertainment ideas.

Whatever you get up to, have fun and take care! Don't forget to let our advertisers know you have seen their advert in **Love Wirral** magazine.

Each month we run many editorials, from recipes and gardening to motoring and holiday destinations, plus Charity Events and Community News to name a few!

Keep up to date with us on facebook and our new facebook group, twitter & visit us at: www.love-wirral.com

Best Wishes

Maxine



Circulation of this **FREE** magazine is distributed to all Wirral - South Wirral Whitby & Saughall to West Kirby & Birkenhead areas.

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NEW RIGHTS FOR TENANTS

Tenants will be given more rights when changes to the Landlord and Tenant Act 1985 are made on 20 March 2019. People who rent will be able to sue their landlords if their homes are not up to scratch. Issues with damp, noise, ventilation, repairs, drainage, infestations and facilities for cooking are a number of the issues tenants will be able to take action on. It will cover tenants immediately and not just for new tenancies, existing tenancies will be covered. These changes mean that those in social housing will now have more power to force local authorities to carry out necessary repairs.

It is estimated that over 1 million rented homes have hazards that pose a serious risk. The new changes will mean that tenants will be able to take their landlord to court for an injunction to compel the landlord to carry out the works or for damages (compensation) for the landlord's failure to keep the property in good repair.

Compensation can also be paid to tenants for any issues that have caused injury or illness.

We offer free advice and take on housing claims on a no win, no fee basis, meaning that help is available. If the disrepair

is a serious risk to you or your family members health and safety, then legal aid is available.

You'll need to have information and evidence to help support your case. This includes:

- A copy of your tenancy agreement
- Copies of any correspondence between you and your landlord about the disrepair
- Photographs of the disrepair
- A list of or photographs of belongings that have been damaged because of the disrepair and copies of receipts if you had to replace damaged items
- Copies of medical reports or a note of medical visits if you were injured or made ill by the disrepair.

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HAVE YOU BEEN THE VICTIM OF MEDICAL NEGLIGENCE?

We all put our trust in the medical judgement and information we are given by qualified health professionals and practitioners, but sometimes their advice or treatment can result in things going wrong.

There are many points from the first doctor's appointment to treatment options where errors can be made, and unfortunately these cases are on the rise.

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DO YOU KNOW?

1. The U.S. has won over 1,000 cumulative gold medals since the founding of the modern Olympic games in 1896.
2. Jimmy Carter installed solar panels on the roof of the White House. Ronald Reagan had them removed.
3. More than 40% of the Fortune 500 companies in 2010 were founded by an immigrant or the child of an immigrant.

4. A five-year-old boy passed a Microsoft exam in 2014 to become the youngest person to become a Microsoft Certified Professional.



5. In 2004, a man waited 3 days for the shotgun seat of a helicopter giving Grand Canyon tours only to commit suicide by jumping from the aircraft.
6. Army ants build living bridges by linking their bodies to span gaps and create shortcuts across rainforests.
7. Alabama didn't lift its ban on interracial marriage until 2000.
8. Bras were called "BREAST BAGS" in medieval times.
9. The longest prison sentence served in the U.S. was over 68 years long.
10. Currency shaped like knives was in circulation in China from 770 to 220 BC.



11. During WW2, most people believed Germany would quickly crush the Soviet Union in 3 to 6 months. It took three and a half years and they lost.
12. Dubai man Mohammad Basheer bought a lottery ticket before boarding an Emirates flight that crashed. He escaped the crash and won the lottery.
13. Ten trillionths of your suntan comes from the light of other galaxies.
14. Tigers wait until dark to hunt. Their night vision is six times better than that of humans.
15. In the Saxon Kingdoms of Britain, 240 "Sterlings" were minted from a pound of silver, hence the currency "Pound Sterling."



16. Omphalophobia is the fear of bellybuttons.
17. George Washington did not have wooden teeth. They were made of gold, ivory, lead, human and animal teeth.

18. Stonehenge was built at least 300 years before the Egyptian pyramids.
19. Hylophobia is the fear of trees.
20. To plan for D-Day, the BBC ran a competition for French beach holiday photographs as a way of gathering intelligence on suitable beaches.
21. For 2 years during WW1, the Big Ben's bells were silenced and the clock was not illuminated at night to avoid guiding attacking German Zeppelins.
22. Up to 10% of invasive cancers are related to radiation exposure.
23. Eddie Egan is the only person to ever win gold medals in both the Winter and Summer Olympics: BOXING and BOBSLED.
24. In Korea, everyone is one year old from the time they are born, and everyone gets a year older on New Year's day.
25. An inmate filed a US\$ 5 million lawsuit against himself. He claimed that he violated his own civil rights by getting arrested. He then asked the state to pay because he has no income in jail.
26. The Masaya Volcano located in Managua, Nicaragua, is getting Wi-Fi. Researchers are installing it to better predict the volcano's eruptions.
27. The Waldorf Astoria Hotel once had its own private railroad track at Grand Central so that its guests could clandestinely enter and exit New York City.
28. The original name of Liberty Island, home of the Statue of Liberty, was Bedloe's Island.
29. Vietnamese don't call it the "Vietnam War," they call it the "Resistance War Against America."
30. A hippopotamus can swallow a man whole.
31. Before finding success and making over US\$100 million as a comedian, Steve Harvey was homeless for 3 years.
32. The game "Pokemon Go" earned an estimated US\$200 million in its first month.
33. The "Back to the Future" movie franchise is safe from reboots for as long as the original director and writer are alive.
34. In 2016, a Dutch woman who was raped in Qatar was convicted of adultery, fined over US\$800, and spent months in jail for reporting the crime.
35. Louis Armstrong spent his adult life celebrating the wrong birthday. He believed it was July 4th, 1900, but it was actually August 4th, 1901.
36. The man who inspired the 2004 Tom Hanks movie "The Terminal" spent 18 years living at the departure lounge of Charles de Gaulle Airport.





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HOLIDAY DESTINATIONS

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Romantic Naples, just two hours south of Rome, is the largest city in southern Italy. It has some of the world's best opera houses and theatres, and is often called an open-air museum, because of its many historic statues and monuments. Join families on promenade as the sun sets on the Bay of Naples. View finds from Pompeii and Herculaneum, destroyed by Mount Vesuvius in A.D. 79, at the Museo Archeologico Nazionale or revel in the art and architecture of Museo Cappella Sansevero, built in the late 1500s.

Visiting a city such as Naples means, of course, a diverse schedule of sightseeing; exploring its museums, art galleries, and nicest streets for strolling. While a week would do this phenomenal city more justice, one day is still enough to get lost in the alleys of its Spanish quarters (and observe the genuine life of the Neapolitans), enjoy a fantastic pizza, and relax in a prestigious coffee spot such as Gambrius. Be prepared to get up very early and put on your running shoes!

Naples has very good public transportation and lots of traffic problems so it's best to avoid having a car. The city has a large but crowded bus network, trams, a subway, funiculars, and a suburban train line, the Ferrovia Circumvesuviana, that will get you to Herculaneum, Pompeii, and Sorrento.

Pizza, one of Italy's most famous foods, originated in Naples and pizza is taken very seriously here. You'll find lots of great pizza places

but be sure you look for one with a wood-burning oven!

Eggplant Parmesan originated in Naples and spaghetti also became popular in Naples, try it with clams or mussels. Seafood is abundant and very good in Naples.

Naples gets quite hot in summer so spring and fall are probably the best times to visit. Since Naples is near the coast, it's more temperate in winter than interior cities of Italy.

As you are only in Naples for 1 whole day from the ship, enjoy the other great places such as your stay in Barcelona.

See the best of Barcelona on a private sightseeing tour, which offers a comprehensive view of this exquisite Catalan city and includes skip-the-line access at La Sagrada Familia, a popular attraction that often has long lines. Perfect for first-time visitors, the tour will show you the city's most iconic sights and allow you to discover some of Barcelona's best-kept secrets. You'll also visit the hill of Montjuïc and the Gothic Quarter, and you can upgrade to the full-day tour to include visits to Park Guell and La Pedrera. Accompanied by your own private guide, you'll enjoy personalized attention on this special private tour.

Barcelona's architectural treasures span 2000-plus years. Towering temple columns, ancient city walls and subterranean stone corridors provide a window into Roman-era Barcino. Fast forward a thousand years to the Middle Ages by taking a stroll through the shadowy lanes

of the Gothic quarter, past tranquil plazas and soaring 14th-century cathedrals. In other parts of town bloom the sculptural masterpieces of Modernisme, a mix of ingenious and whimsical creations by Gaudí and his Catalan architectural contemporaries. Barcelona has also long inspired artists, including Salvador Dalí, Pablo Picasso and Joan Miró, whose works are in bold display in the city's myriad museums.

Barcelona is an enchanting seaside city with boundless culture, fabled architecture, and a world-class drinking and dining scene.



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AutoReview

by **Tony Yates**

Keeping you motoring

Hyundai Santa Fe Premium SE – 2.2 CRDi – 8 Speed Auto- 4WD.(200PS)



Power and Efficiency:

Fitted with a 2,199cc turbocharged diesel engine with 200PS @ 3,800rpm and 440Nm of torque @ 1,750 - 2,750rpm. 0-62mph is around 9.3sec, and fuel consumption is a decent 44.8 mpg combined with a top speed of 127mph.

Now, I know we all think large engines are a thing of the past – but we are all wrong. How do I know that – well Hyundai has proved that a large diesel engine can be just as efficient – and I think they are right, as the 2.2-litre engine in the 'New Generation' Santa Fe is an excellent choice as it goes well and sounds great. Its also quite refined actually with no signs of shake, rattle and roll.

At the end of the day, it all comes down to balancing the mechanical efficiency and power of this engine – which I hope helps it stand out above some of the other not so efficient units on the market. Plus,

remember the Santa Fe is a car that can be used to move large amounts of stuff around with ease.

On the road:

Actually, it's pretty nimble for such a large car – but it can't be classed as 'frisky' if I'm being honest. Take the Santa Fe out on the open road though, and you soon begin to feel just how well it grips. Of course, manufacturers spend an awful amount of money designing and developing the chassis and suspension, because they want it to be the best it can be. But sometimes there are compromises to be made. Well after just a few hours driving, I realised the Santa Fe is a great buy.

Design & Technology

I don't want to speak out of turn here, but the Santa Fe really is a handsome thing – Yes, it won't suit everyone – and I should know as I own a VW UP! – which is not the prettiest of things I grant you, but, then

again - I don't think the latest Land Rover Discovery is particularly 'good looking' either - but people will still spend lots of their cash buying one.

Also, when I do any road tests out on the open road, I follow a pretty simple set of rules - its either 'good or bad or very bad'. Well, I'm happy to report that Santa Fe is firmly aligned with the word 'Good'. So, there you have it, another decent car with some faults such as an interior which is not on my favourite list, but its still functional.

The 'New Generation' Santa Fe also benefits from a superior rigidity through the use of advanced high strength steel and high impact energy absorption that protects passengers in the event of a collision. There are also six airbags: two front airbags, two side airbags and two curtain airbags from first to the second row, protecting both driver and passengers. All safe & sound there then.

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To sum up:

What can I say - the Santa Fe is a great drive and perfect for someone who wants a large car that comes with a large amount of space and many extras for a reasonable amount of money. Hopefully, you will now go out and give it a test drive and see for yourself what the new Santa Fe has to offer.

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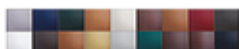
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Summer Gardening Tips



SOW FRESH SEEDS ON VACATED PATCHES

In August the gardening year is almost over. Some vegetables, however, can still be sown without any problems at the now-vacated patches. These include Radishes, Lettuce, Rocket, Winter Onions and Spinach.



DIVIDE SHRUBS

Should the flowering of your shrubs get weaker or should the blossoms get bald inside, it's time to give your summer shrubs a rejuvenating cure by dividing them. August is a good month for dividing spring and summer flowering shrubs. Dig the shrubs out with a spade or a fork and divide the plants into parts. The single parts should be at least as big as a fist. Remove sick and withered root parts as well as bald spots. Planted at suitable locations the shrubs will return in full blossom.

Summer - the time for recreation and holidays. But before you leave for your summer holidays, we have a couple of tips on what to do in your midsummer garden.

CUTTING STRONG GROWING HEDGES

To make sure that hedges grow densely and evenly, they should be cut several times a year. After the main breeding period of birds from March to late July, you can start cutting your hedges again.

SHAPE YOUR BOXWOODS

To preserve the details of boxwood trees or bushes which were cut in shape, you should now cut back your boxwoods and other evergreens. For perfect shapes you can create templates from cardboard.

PRUNING LAVENDER

When lavender has mostly finished flowering, the shoots should be reduced approximately by one third. This prevents the lavender plants from investing too much energy into seed production. The following year, your lavender will be back with a strong bloom.



REMOVE DEAD FLOWERS

Removing wilted flowers is not only done for aesthetic reasons, but also supports the formation of new flowering shoots. The plant can concentrate its power to the fresh flowers. Moreover, the dead flowers will not become a breeding ground for pests or fungi. Some summer shrubs like larkspur, produce flowers a second time in autumn, when they are cut back after the main flowering.

FIRST AID FOR SUNFLOWERS

If your sunflowers did not come through the latest summer storm, the final chapter has not yet been written. With first aid for sunflowers, you can save even turned down stems. Put the fracture in a splint made of bamboo sticks and fix it with duct tape. This way the water supply is guaranteed.



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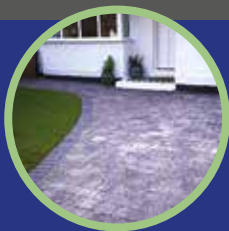
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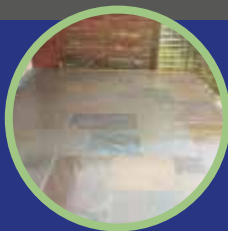
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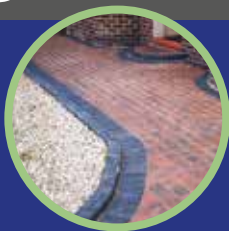
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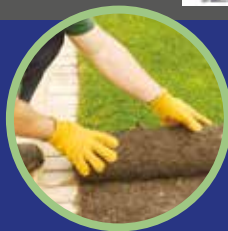
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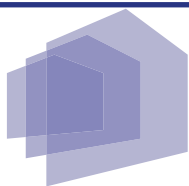
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COMMUNITY NEWS

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FRIENDS OF HADLOW ROAD STATION COMMUNITY GROUP

FRIENDS OF HADLOW STATION UPDATE

Relaying the rail track has now been completed. This has come in at a total cost of around £9,500.

This cost covers all the new sleepers, plus the new pieces of rail track and rail fittings that extends alongside the signal box, the ballast, and also the direct expenses incurred by Real Skills Training for getting their apprentices to/from Hadlow Road Station, etc, whilst the apprentices labour was provided free of charge. This has been a huge undertaking and much bigger than we realised when we started but we feel that the end product is well worth the effort put in by our superb maintenance team led by Tim and will last for another 40+ years all being well.

You will notice that more memorabilia signs have been installed around the station, (renovated and fitted by Andy). There is one inside the far shelter and also two "Way out" signs on the main platform. See if you can spot them.

Three more Rowan trees have been planted on the green space embankment behind the signal box to go alongside the two trees kindly donated and planted by Willaston Hey W.I.

Existing flagstones on this section of the platform have been cleared (which is now much easier to walk along). A cost of £3,420 will be incurred to put edging stones down that match the far platform so budget prioritisation will need to be undertaken including agreement on how to spend the very kind £600 donation from South Wirral Rambling Club.

Garden maintenance has started up again now that the weather is improving and there are a lot of spring flowers showing. These will be supplemented with the £45 National Garden Gift Card donation received from Chester & North Wales Cyclists' Touring Club (Weds Group).



The Pop-up-cafe continues to be a great success thanks to your support, and the very hard work of all the catering team in planning and organising the food purchasing supported by other volunteers on serving duties when the pop-up café is open on Sundays.

The next pop-up cafe openings will be April 28th from 10.30am to 1.30pm.

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Interior design student's top tips for a dementia friendly home

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A 21-year-old interior design student from Liverpool is using her skills to help people who have been diagnosed with dementia.

Hannah Martin, who is in her final year of an Interior Design degree at The University of Huddersfield, was inspired after working on her final year project about designing dementia friendly spaces and seeing a family member struggle with the disease.

Dementia is an umbrella term for a number of progressive conditions that affect the brain, which include Alzheimer's disease and vascular dementia. It can affect a person at any age and there are more than 850,000 people living with dementia in the UK. This is set to rise to over one million by 2021.

Hannah is on a placement year at award-winning technical interior design company Kettle Design in Heswall and is now helping to advise clients on how to make a home dementia friendly. She will join the company full time when she graduates this summer.

Hannah said: "My final year project has focused all around creating dementia friendly spaces in the home. As part of my research, I've visited a number of dementia care homes, talked to nurses and also spent time with dementia patients and their families.

"The disease can progress rapidly and make walking difficult for patients, who may even have to use a wheelchair. So something as familiar as a home setting can become a bewildering and frightening place.

"It can also become a huge hazard for them if it has not been designed well. That's why it's so important to rethink the space to ensure that it is as comfortable as possible for them and also their families and carers.

"I wanted to use my interior design skills to design a dementia friendly space to help other people in their homes to make their life easier.

"There are big structural changes such as installing a lift, adding disability access ramps, putting rails around the house and making a disabled bathroom. But there are lots of little clever interior design solutions that can help too, from considering what colours are used in the home to affect their mood to avoiding dark surfaces on the floor which can look like a hole to someone with dementia.



Hannah Martin

"People with dementia are the same people they were before they developed the condition with the same hearts. It's just their minds aren't completely there anymore. We need to do more to help them."
www.kettledesign.co.uk

Here are Hannah's tips for a dementia friendly home:

Think about colour

Try and ensure that colours are pleasing to the eye as colours can have a big impact on the mood of someone with dementia. Reds are usually associated with danger, but for a dementia patient, red is stimulating and can be effectively used in an activity space to keep them motivated and mentally active. Blues, greens and violet tones are calming tones that are also aesthetically pleasing. They are good to use in a bedroom. Yellow tones are bright, warm and happy colours and suited to a kitchen or living room.

Embrace contrasts

Colours need to contrast to ensure visibility within spaces. Contrasting walls and floors, tables and chairs, even sets of plates and bowls, ensures that everything is noticeable and recognisable as their eyesight and visibility decreases. Contrasting also helps people with dementia to become aware of their surroundings and know where to go. Contrast the colour of light switches with the wall, so they can be easily seen. You can also use contrasting colours for furniture but avoid stripes.

Be careful with flooring

Having one overall flooring surface is crucial in designing a dementia friendly interior. People with dementia are easily confused and distressed. Having one floor surface means they do not get muddled and think they are tripping or stepping on something they shouldn't. A straight clean passageway through

a space is important. Dark coloured floors should always be avoided as dark surfaces on a floor or kitchen top can resemble a hole. Avoid shiny floors as they can look wet, blue floors can look like water while green floors can be confused for grassy surfaces. Keeping a natural coloured surface such as wooden floor is perfect.

Warm lighting

Lighting determines a space and the time of day, and having bright warm lights can create a safe and warm environment. People with dementia often become confused about what time of day it is so keeping a space bright - using brighter lightbulbs and dimmer switches - throughout the day is crucial to keeping them active and awake. By contrast, dark spaces can make them think it's night time and make them sleepy. Check that curtains and blinds are not blocking any natural light from a room.

Consider signage

Signs are important to make people aware of different areas within a space. Try labelling doors and walls to help guide the person through a space and remind them of where they are. Have bold, effective signs and make sure they are at eye-level height. You can also stick pictures on the front of cupboards to remind the person what is inside - for example, a picture of cutlery on the cutlery drawer, a picture of clothes on the door of a wardrobe.

Beware of mirrors

Mirrors can be upsetting to a person with dementia as they may not recognise the person in the reflection as being themselves. Clear materials, mirrors and reflective surfaces can also be mistaken as not being there so can be a hazard. It may be best to remove them completely.

Parkinson's disease and EXERCISE

11th of April was World Parkinson's Day. Most of us have heard about Parkinson's, but only a few of us know what it is exactly, and how it affects people living with the condition. One out of 450 individuals has Parkinson's, which means that on the Wirral alone around 7000 people live with it.

Parkinson's disease is a progressive neurological condition; it causes problems in the brain and gets worse over time. People with Parkinson's disease don't produce enough of the chemical called dopamine, because some of the nerve cells that are responsible for its production have died. What causes the death of these cells is still not known.

Dopamine acts like a messenger between the brain and the muscles, but if its presence is decreased, the body won't function as it should. There are 3 main symptoms of Parkinson's disease- tremor (shaking), slowness of movement and rigidity (muscle stiffness) - but there are many other symptoms too.

Unfortunately there is currently no cure for Parkinson's, but there are ways to better manage symptoms and improve quality of life. Scientific research has proven that exercise can be highly beneficial. Interestingly enough, the more vigorous the exercise, the greater the benefits it carries!

A program called Rock Steady Boxing (RSB) has been developed over the last 15 years in Indianapolis, USA. It is boxing-based, but completely non-contact, so the only thing Rock

Steady boxers punch is the heavy bag and the disease itself!. These classes have proven that anyone, at any level of Parkinson's, can lessen their symptoms and lead a healthier and happier life.

Parkinson's causes a loss in many of the same elements that boxers condition to improve. These include agility, speed, muscular endurance, accuracy, balance, hand-eye coordination, footwork and overall strength to defend against and overcome opponents. At Rock Steady the opponent is Parkinson's disease.

In comparison with other sports, boxing is one of the most physically demanding styles of training, and also an incredible stress reliever, confidence booster and **FUN!** Working out in a group also enables people to meet with others in similar circumstances and share their experiences.

RSB classes now run every Saturday at the Wirral and Chester Taekwondo Academy. It is suitable for all ages and abilities; our current fighters are between the ages of 50-80 years! If you, or a loved one is affected by Parkinson's, come and see for yourself the difference Rock Steady Boxing is making to people's lives.

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COMMUNITY NEWS

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Pilot study will improve employment prospects for ex-Service personnel with health conditions

Ex-Service personnel who are being assisted with physical and mental health issues will also be offered intensive employment support in a pioneering pilot by The Poppy Factory, funded by The Forces in Mind Trust.

Delivered in partnership with Cheshire and Wirral Partnership NHS Foundation Trust (CWP), the three year study in Wirral will bring the employability charity's long-established expertise supporting ex-Service personnel with health conditions into an NHS healthcare setting for the first time.

A highly experienced employability consultant from The Poppy Factory will be embedded in the NHS multidisciplinary team to deliver comprehensive employment support to ex-Forces men and women who are wounded, sick or injured.

The package, based on the principles of Individual Placement Support¹ (IPS), takes each individual's physical health and mental health needs into account, with the aim of securing meaningful long-term employment.

It is intended that the study, which will be evaluated by the University of Nottingham, will reveal any gaps in knowledge and research, help improve existing services and forge closer



links between health providers and the Armed Forces charity sector.

The pilot is funded by The Forces In Mind Trust (FiMT), a £35 million funding scheme run by the FiMT using an endowment awarded by The National Lottery Community Fund. The £289,843 pilot will take place at the Stein Centre in St Catherine's Hospital in Birkenhead, Wirral, an area with one of the highest concentrations of ex-Service personnel in the country. It will see The Poppy Factory work closely with health and social care partners in the local area.

Ray Lock, Chief Executive, Forces in Mind Trust, said: "Knowledge and evidence should form the basis of any policy. FiMT's latest published research, by the Directory of Social Change, highlighted how the Armed Forces Charity sector is shrinking, underlining the need to encourage collaboration with statutory service providers.

"This unique study by The Poppy Factory has the opportunity to change how employment and health services are delivered to this small but vulnerable group of ex-Service personnel."

Deirdre Mills, Chief Executive of The Poppy Factory, said: "We are

very grateful to The Forces in Mind Trust for supporting and funding this important pilot project, which brings the expertise we have developed in communities around the UK into a clinical healthcare setting for the first time.

"The study will enable us to help many more veterans with physical and mental health conditions fulfil their potential outside the Forces by moving back into meaningful and sustained employment."

Dr Anushta Sivananthan, Consultant Psychiatrist and CWP Medical Director, said: "We're delighted to be working with The Poppy Factory to meaningfully meet the needs of ex-service men and women in a person-centred way. Meaningful employment can be vital to people's social inclusion and this pioneering pilot will help shape the way our veterans can fulfil their potential."



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CHILDREN'S HOSPICE

Claire House Children's Hospice is facing a stark reality. The fact is, the charity can no longer cope with demand for its services because of an unprecedented increase in the number of babies, children, teenagers and young adults who need our help.

Since 1998, Claire House has helped seriously and terminally ill children from the Wirral make the most of the time they have, creating wonderful experiences and bringing back a sense of normality to family life. By providing specialist nursing care and emotional support, Claire House helps families smile again when life couldn't get any tougher.

But with every day that passes, another local family struggles to care for their dying child without the support they so desperately need.

"People don't want to know that your child is going to die," says Wendy Moore from Wallasey, whose daughter Erin has been supported by Claire House since she was born in 2013. Erin was diagnosed with severe cerebral palsy when she was five weeks old and needs round-the-clock care. "Our lives wouldn't be the same without Claire House. I wouldn't have the support, the friends or

the understanding," Wendy adds. 'I never really got to cuddle him' is something many families whose children have been in intensive care units tell our nurses when their child is hooked up to a life support machine. Imagine how difficult it would be to lose your child without ever giving them a proper hug? At Claire House, we help get children out of hospital if they don't need to be there, and give families support to enable them to make precious memories that will last a lifetime.

Claire House cannot stop children from dying but we can drastically improve the quality of the time they have and support families who are going through some of the toughest moments of their lives.

But we need your help to reach every dying child that needs us; to be able to offer families the support they need when they're going through the unimaginable pain of saying goodbye.

It costs money to provide specialist medical care at the same time as making sure Mum gets to cuddle her child for as long as she possibly can; help Dad make bath time as much fun as it's always been; and to support Nana and Grandad to feel useful, not helpless when their entire family is suffering.



Wendy and
her daughter Erin,
who comes to
Claire House.

Over the last six years, we have seen an 84% increase in the number of children coming to Claire House, with the charity currently caring for over 300 families.

Your donations will fund the best nursing care money can buy, end of life care, short breaks when the children can have fun whilst their parents get a well-deserved break, bereavement

support for the whole family, home cooked meals, memory making sessions for siblings, family photographs with a professional photographer and 'Perfect Charms' keepsakes made from their child's finger prints to cherish forever.

Please act now, your support can make all the difference.



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CHILDREN'S HOSPICE

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FOR JUST £5 YOU COULD HELP US REACH EVERY DYING CHILD.



Visit [clairehouse.org.uk/campaign](https://www.clairehouse.org.uk/campaign) to find out how you can help or text **DONATE** to **70456** to give **£5 TODAY**.

You will be charged £5, plus your standard network rate. 100% of your donation will go to Claire House. By texting you are agreeing for Claire House to phone or text you to tell you about our work and how you can help. If you wish to donate and not hear from us again, text **DONATE NO** to 70456. For more information call 0151 343 0883. Claire House Children's Hospice is a registered charity 1004058.



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CHILDREN'S HOSPICE

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Above: 1929. **Bromborough** Village looking along Allport Lane. Shops included: No.12 Walter Tweedle - fried fish, No.10 E & B Albisons - newsagents, Irwins on the end and a delivery vehicles parked outside Mrs Lily Southwood - greengrocer.

Below: **Eastham**. This was a view of Rake Lane (now Eastham Rake). No houses on the left as today.



Above: H.M Queen Elizabeth arriving at **Bromborough** Station 2 May 1950 on her way to launch the Ark Royal at Cammell Laird Birkenhead 3 May 1950. Lord Leverhulme, in uniform as Lord Lieutenant.

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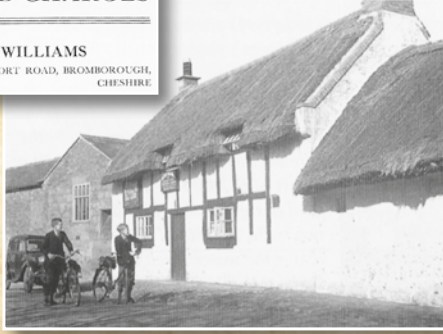
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Left: 1935. This development at Carlett Park estate, **Eastham**. "One of the most charming spots on the whole of Wirral - commanding a fine view of the River Mersey"

Below: 1948. The Wheatsheaf at **Raby** 2 boys longing to be old enough for a pint after a cycle ride.



Left: 1934. The two nearest lanes of the newly built four lane **New Chester Road** are presumably not open for use as the dotted lines come to an abrupt end with no signs of workmen. This is the border between **Bromborough** and **Eastham**.





Above: 1935. **Bromborough Hotel** is seen in New Chester Road. The building jutting out into the road was later demolished.

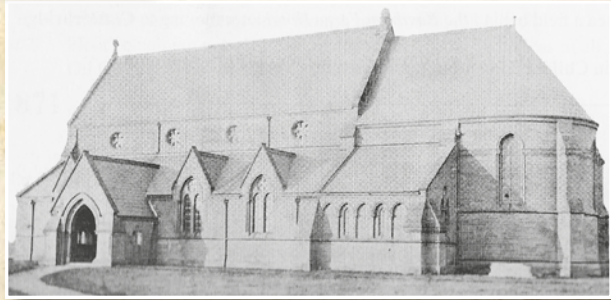


Above: 1935. **Bromborough Hotel** is seen in New Chester Road. The building jutting out into the road was later demolished.



Left: 1959. An adylic scene at **Raby Mere** shows the car parked by the mere and the children feeding the ducks. Not much has changed in all those years. The thatched Bank Cottage can be seen on the left - but was later to lose its thatch through a fire around 1959.

Right: This was the third church of **St Barnabas in Bromborough**. The first church, which was Saxon, was replaced in 1829 with a church described as a 'barn-like' building, which was of no architectural beauty. This church proved to be too small and was replaced in 1864 with this church pictured. Some of the stonework of the old church was used to build the new school which opened in 1869. The tower or spire were later added in 1880.



Right: The two men are sitting on a bench under the lampost on the right - above them is a **Crosville timetable** as this was the picking up and dropping off point for their bus service. The half-timbered building is the **Church Institute** and **Hallam's** radio shop occupied the old converted barn from **Tellett's Farm**.



Left: The **Eastham to Liverpool** ferry boat **Ruby** is seen at **Eastham Ferry pier**. **Samuel Smith** was described in 1810 as 'master of the **Eastham packet**' (a sailing vessel).

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Ingredients

- 1 onion, peeled and quartered
- 2 garlic cloves
- thumb-sized chunk of ginger, peeled
- ½ red chilli
- 1 tablespoon vegetable oil
- ½ tablespoon turmeric
- 1 tablespoon ground cumin
- 1 tablespoon ground coriander
- 1-2 tablespoon hot chilli powder (depending on how spicy you like your curry)
- 4 chicken breasts, cut into chunks
- 400g can chopped tomatoes
- small pack coriander, chopped
- rice, naan and mango chutney, to serve.

Method

1. Blitz 1 quartered onion, 2 garlic cloves, a thumbsized chunk of ginger and ½ red chilli together in a food processor until it becomes a coarse paste.
2. Heat 1 tablespoon vegetable oil in a large saucepan and add the paste, fry for 5 mins, until softened. If it starts to stick to the pan at all, add a splash of water.
3. Tip in ½ tablespoon turmeric, 1 tablespoon ground cumin, 1 tablespoon ground coriander and 1-2 tsp hot chilli powder and stir well, cook for a couple of mins to toast them a bit, then add 4 chicken breasts, cut into chunks. Stir and make sure everything is covered in the spice mix.
4. Cook until the chicken begins to turn pale, adding a small splash of water if it sticks to the base of the pan at all.
5. Pour in 400g can chopped tomatoes, along with a big pinch of salt, cover and cook on a low heat for 30 mins, until the chicken is tender.
6. Stir through small pack of coriander and serve with rice, naan and a big dollop of mango chutney.

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Hugh a retired Treasury Specialist with the NHS is a long standing member of Bromborough and an accomplished all round Sportsman. He is pictured below donning his Captain's Blazer with the help of 2018 Men's Captain, Brian Dingwall.



There are currently a small number of vacancies for membership. Special arrangements apply to fees for those between 19 and 35 to ease the transition from Junior to full membership. Full details are published on our website - www.bromboroughgolfclub.org.

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We are also looking for new members to join our committee due to the retirement of some of our long standing members. If you're enthusiastic, like the idea of organising or helping out at events or fundraising and have a few hours per month to spare then please contact us for further info on info@wirralbikeathon.com

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Dame Patricia Routledge to open Wirral Hospice St John's garden for the National Garden Scheme



Dame
Patricia
Routledge

Wirral Hospice St John's is delighted to announce that Dame Patricia Routledge will perform the official opening of its newly made-over gardens, on **Saturday 29th June at 11.30am**. Dame Patricia will also enjoy a tour of the garden, the hospice itself and place a time capsule as a record of her visit.

Each year some 3,500 individuals, organisations, stately homes and castles open their gardens to the public as part of the National Garden Scheme (NGS). Entry fees from all of these events are pooled to benefit a host of charities, including MacMillan Cancer Care, Marie Curie and Hospice UK.

People often choose to further help their more local charities by selling refreshments and cakes, holding raffles and taking more kind donations. This year, in addition to our other supporters who open their gardens for us, the hospice garden will also be open for visitors over the weekend of 29/30th June from 11.30am to 4.30pm.

Thanks to the generosity of volunteers and organisations, the hospice gardens are being given a makeover to give patients in our Wellbeing Centre and those on our Inpatients Ward, and their families, a pleasant environment to spend time together whenever the weather allows.

Over the open weekend the garden itself will be a massive attraction featuring a bright display of bedding plants, perennials, colourful shrubs, roses and vegetables. Unusual features will include planted chairs, chests of drawers and yarn bombing.

There will be a Pimms tent, and light refreshments with, of course, plenty of cakes. Guests will be able to purchase from a range of donated plants, planters and lots of other garden paraphernalia. There's also plenty to keep the kids occupied with small animals and beekeeping demonstrations.

Helen Parkinson, Clinical Services Manager in Wirral Hospice St John's Wellbeing Centre commented; "We are so grateful to Dame Patricia for giving her time to help us launch our open garden. Since spring, an army of volunteers have been refurbishing the whole outside space of the hospice. They've been digging, weeding, planting and seeding, and we can't thank them all enough. It's once again becoming a really attractive place for all of our patients, their families and friends and, in fact, everyone from our Wirral community is welcome to visit."



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FUN AND FUNDRAISING!



Pictured from the left, Rotarians Clive Parker, President Elect Steve Lander, President Bob Hall, Graham Connolly with Anton Du Beck second from the right.

Hoping to learn a few dance moves, a large group of Rotarians from Birkenhead Rotary and their friends attended a concert at the Philharmonic Hall, entitled "Dance Those Magical Musicals" featuring Erin Boag and Anton Du Beck.

Anton is also pictured with Rotarian Marion Kennedy and Birkenhead Inner Wheel President Barbara Armstrong.
RACING TO RAISE FUNDS



Rotary organisers of a "Grand National" afternoon and their helpers are pictured during what was a highly successful buffet event watching the racing

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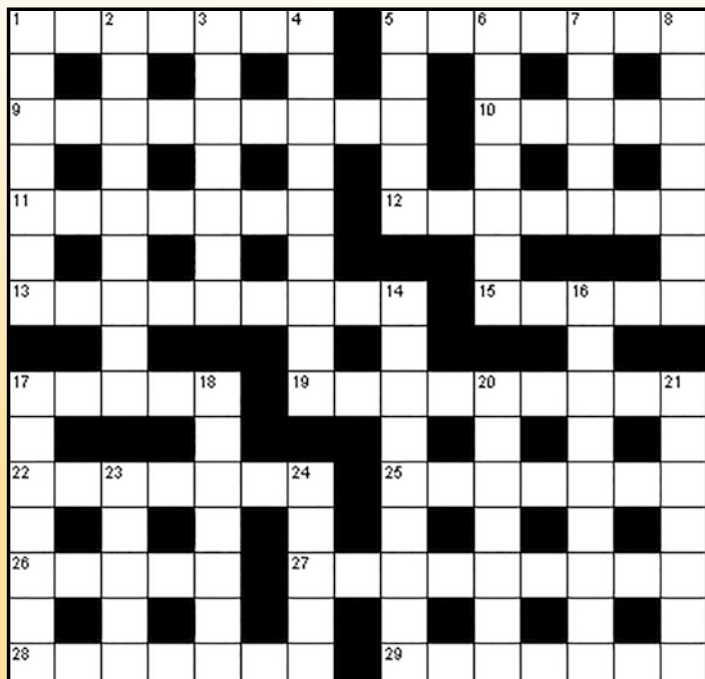
237 Grange Road, Birkenhead CH41 2PX



Munros

Tel: 0151 666 2876 | www.bespokemunro.com

PUZZLE CORNER



Down

1. Settle conclusively (7)
2. Pragmatic (9)
3. Detaches (7)
4. Addition (9)
5. Increase (5)
6. Cake or pie (7)
7. Rent (5)
8. Boat races (7)
14. Make understand (9)
16. A kind of religious song (9)
17. They like inflicting pain (7)
18. Thence (7)
20. A variant of an element (7)
21. Deviate (7)
23. A South American bird (5)
24. Leave out (5)

Across

1. Ecstasy (7)
5. One of Batman's foes (7)
9. Long string pasta (9)
10. Informal language (5)
11. Disappointment (7)
12. Chemical (7)
13. Beyond normal limits (9)
15. Electrical pioneer Nikola (5)
17. Divided (5)
19. Negated (9)
22. Sharpshooter (7)
25. Radiating (7)
26. Shovel (5)

27. Acquaint (9)
28. Cold symptom (7)
29. Used for sewing and knitting (7)

Sudoku Puzzle

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid.

There is only one correct solution to each sudoku. Good luck!

Difficulty level: **Easy**.

Solutions can be found on our website:
www.love-wirral.com

	4					2		
	2		8		6		1	3
6	5							
			6	3	9	8		
8		3	7			5		9
2							3	
		3	4	1	6	7	2	9
9	7			2				
							7	4



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URSULA WILDE

Autobiography

You can purchase this book from Ursula
Tel: 07806 487 263

This book is a autobiography of the life and times of Ursula Wilde being brought up in a family business of motor pioneers, her grandfather having built the first garage on the A41 in Bromborough.

Being brought up with strict Victorian values Ursula went on to sing in the club scene in Liverpool at the start of the Merseybeat.



Wirral based author
As if it were

Yesterday

IDEAL FATHER'S DAY GIFT!

Only £9.99
A nostalgic read!

Ursula always met up with the Beatles and their then manager Alan Williams at the Jacaranda Club with her nurse friends dancing the night away to the Royal Caribbean Steel Band.

If you're interested in local history, the start of the Merseybeat and the music scene in Liverpool, with colour and black and white photographs - *this is a must read book!*



DIARY DATES JUNE

2019

Saturday 1st June 2019

Summer Evening Cruise - 7:30pm

**Seacombe Ferry Terminal,
Victoria Place, Seacombe CH44 6QY
Tel: 0151 330 1420**

Enjoy an evening to remember on board the famous Mersey Ferry, singing and dancing with friends and family - what more could you ask for?

Throughout May-September 2019, Mersey Ferries will be hosting a number of a two and a half hour Summer Evening Cruises, with live music from some of the best local talent, a fully licensed bar and unbelievable views of Liverpool's stunning waterfront.

**Ticket Price: £16 per person
Cruise Duration: Approx 2½ hours
Departs from Seacombe, Wirral at 7.30pm. Departs from Pier Head, Liverpool at 7.45pm**



Saturday 8th June 2019

Wirral Real Ale Trail

**Gallaghers, 20 Chester St
Birkenhead, Wirral, CH41 5DQ
Tel: 01978510141**

Spend the day with friends visiting 10 real ale pubs, without worrying who's driving! Buses arrive every 45-30 minutes at each pub, hop on and off between 11am and 10pm. Sample over 50 real ales, tasty food and live music.

Start and finish at any participating pub!

**Day Times
Saturday 11:00 - 22:00**



Saturday 15th June 2019

Leo Sayer - Just a Boy at 70

**Floral Pavilion Theatre
Marine Promenade, New Brighton**

**Full price before discounts £31.50
Box Office (0151 666 0000)**



Sun 16th June 2019

**Tennis for Free in
Birkenhead Park
10:00am - 12:00pm**

**Tennis courts, Cavendish Rd,
Birkenhead CH41 8AX, UK**

Come and learn to play tennis. All ages welcome and equipment is available. There are trained instructors on site to help. Meet at the tennis courts on Cavendish Road.



Friday 21st June 2019

The Making of Motown Cruise

**Seacombe Ferry Terminal,
Victoria Place, Seacombe CH44 6QY
Tel: 0151 330 1420**

The Making of Motown is a musical tribute that takes you back in time, recreating the style, music and energy of Motown, for one night only on the iconic Mersey Ferry.

Come and get lost in the magic of music as we take you on an unbelievable journey, bringing

back some of the greatest soul music legends of all time.

This two and a half hour tribute event is a medley of all-time back-to-back classics sung live by a group of talented singers!

**Ticket Price: £20 per person
Cruise Duration: Approx 2½ hours
Departs from Seacombe, Wirral at 7.30pm
Departs from Liverpool 7:45pm**

**Ticket Price: £20 per person
Cruise Duration: Approx 2½ hours
Departs from Seacombe, Wirral at 7.30pm. Departs from Pier Head, Liverpool at 7.45pm**

Saturday 29 June to 30 June

10:00am to 4:00pm

**Wirral Pretty Muddy 5K, Kids &
Race for Life 5/10K**

**Birkenhead Park, Wirral,
Ashville Road, Wirral, CH41 4HY**

**Northwestteam@cancer.org.uk
0300 123 0770**

**How much:
£0 - £19.99**

**WE DON'T BREAK RECORDS.
WE BEAT CANCER.**

Cancer Research UK's Race for Life is a series of events raising money for research into all 200 types of cancer. Beating cancer is far more important than winning a gold medal. And you don't need to be a superstar athlete to do it. Join hundreds of men, women and kids at a 5k, 10k or Pretty Muddy.

By raising as little as £30, you'll make a difference. It all helps to fund our life-saving research. So gather your family and friends, put on something pink and let's beat cancer!

Join the Race for Life
www.raceforlife.org.uk



WIRRAL CARE HOME CELEBRATES 75th D-DAY ANNIVERSARY

Residents and staff at a Wirral care home will be holding an afternoon tea party for friends and families to commemorate **75 years since D-Day**.

The Hazelwell, a residential, nursing, palliative and respite care home in Heswall, will be opening its doors on Thursday, June 6 to host a celebration with tea, cakes and musical entertainment, to mark the anniversary of the Allied invasion of France during the Second World War starting at 2:30pm.

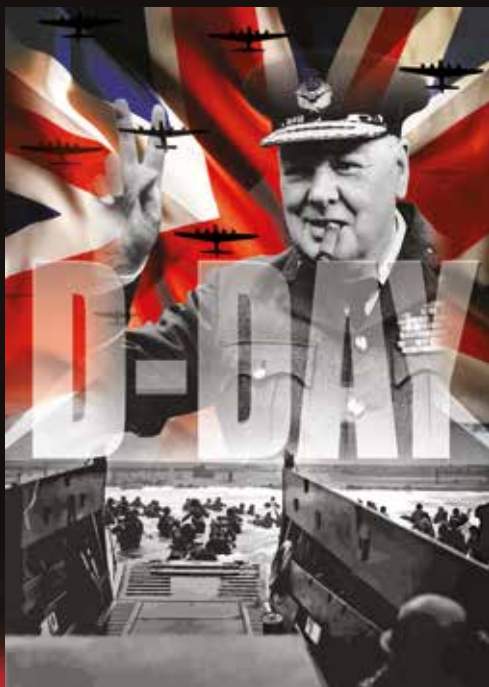
D-Day took place on June 6, 1944, when 156,000 British, American and Canadian troops landed on five Normandy beaches along a 50-mile stretch of French coastland, marking the start of the battle which has been cited as the beginning of the end of the war in Europe.

The Hazelwell's afternoon entertainment will be popular music from through the years, with a particular focus on war-time favourites, which will be enjoyed with tea and homemade cakes baked by the care home's own chef Mark Cowper.

The Hazelwell care home manager Sue Ball said: "We wanted to do something special to celebrate the 75th anniversary of D-Day as many of our residents remember living through the Second World War and the impact D-Day had on the events of the war.

"At The Hazelwell we feel it is important to take these moments to give everyone a chance to reflect on the events of their lives, and to tell their stories of when they were younger. Often, we find that anniversaries such as this bring back memories that might have been buried for a long time. We are looking forward to a lovely friendly celebration."

For more information about The Hazelwell contact Sue on 0151 342 9654, email info@thehazelwell.com or visit www.thehazelwell.com





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Review Score on
carehome.co.uk

At The Hazelwell you'll find a purpose built Care Home offering the highest standard of care and comfort. We aim to make life fulfilling and enjoyable for all of our residents and guests, with space to relax, spend time with friends and family and enjoy superb dining in a true home-from-home.

Call our Home Manager Kathryn on 0151 342 9654 and arrange a tour to experience life at The Hazelwell for yourself.

Qualified, Experienced & Dedicated Staff | Stylish, En-Suite Rooms | Excellent Dining
Luxury Cinema Room | Full Activities Programme | Landscaped, Private Gardens

OLDFIELD ROAD, HESWALL, WIRRAL CH60 6SG | WWW.THEHAZELWELL.COM



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